SPRING 2024

NORTHLEW

NEWS



TALES FROM THE POLICE HOUSE

FERMENTING IDEAS | NEWS SNIPPITS |TEST YOUR LOCAL KNOWLEDGE

www.northlewparishcouncil.org.uk



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FROM THE EDITOR

Victor Hulbert

It is just eighteen months since Luisa and I wandered around Northlew and rapidly decided that our house search was over. This is where we wanted to live. Visiting the church we picked up a copy of *Northlew News* and were impressed by so much activity and life in this small village. Little did I know while reading that magazine that I would become the next editor.

I consider that to be both a privilege and a responsibility. A privilege because we are still 'newbies' here, and a responsibility because I am following a great line of past editors who probably knew a lot more about village life and history than I do. I'm learning fast but ask for your tolerance and kindness with this first edition if things are not quite as you are used to or I have missed something out.

We bought our house for the west facing view across the open fields. We had no idea that would lead us to enjoy such wonderful sunsets, make friends with cows across the back fence, or experience the most amazing starling murmerations. The local lanes and footpaths are becoming more familiar and we enjoy revisiting the glorious beauty of Dartmoor – remembered from frequent visits to friends over the years, and part of my childhood growing up in Plymouth.

However, the ultimate reason that we have so quickly fallen in love with Northlew is getting to know you, the residents who have made us so welcome. We love the sense of community here. We truly feel both blessed and grateful to have discovered this tranquil Devon oasis. My aim is that as I take on this responsibility that, with your help, I will be able to help contribute to that very community spirit.



Saturday 18th May 7pm

THE PARTY BARN: GORHUISH: NORTHLEW



Music by the

DARTMOOR PIXIE BAND

Tickets £10 adult £7.50 16 & under

includes a pasty

bar : hot drinks : raffle

raising funds for FOST

Tickets from Marj Rundle : Celia Miners

DM on FB, text 07432512499 or find Marj the Barista in the churchroom on Fridays

PEWS NEWS: ST THOMAS OF CANTERBURY CHURCH



Dear Northlew,

It was a busy, noisy church last Sunday. I loved it. Children making full use of our newly upgraded Kid's Corner, small ones dancing in the isle during the hymns, and one special child, Amelia, whose parents and family brought to church for baptism.

I love anything that is newness of life, whether that is rejoicing with Amelia's family – and the church at large – as we pray for her young life and well-being as she grows up here in the village, or the wonderful array of spring flowers blooming in our churchyard, and especially the lambs in the fields as I rush from Northlew to Hatherleigh for the next worship service.

All that together brings a sense of joy, peace and hope.

That hope comes for me in another way as well. Every Sunday that I lead worship here in Northlew, I am aware of the sculpture of Jesus on the cross high up behind my head. It is a constant reminder to me of the God who gives. But post-Easter, I am so glad that the story does not stop at the cross, but moves onto the newness of life that comes from the resurrection. As St Paul puts it, "Death has been swallowed up in victory." [1 Corinthians 15:54]

As a Northlew farming community we offer a blessing on the plough, on the seed-sowing, and eventually give thanks for the harvest, just as much I give thanks for new human life in the village, for the noise of children in church, at school or playing in the park. I give thanks for parents, grandparents, aunts and uncles, and all who turn this village into a community. And I give thanks for the Jesus whose resurrection life brings hope and promise to each one of us.

Revd Leigh Winsbury



Restoration time







The long awaited work has now started on the church. The Willis Organ was sent away for restoration and will be in storage until all the internal work on the church is complete.

This includes repairing leaks, replastering and decorating. Fundraising continues for this costly enterprise. To find out more contact Jackie Ellis, secretary of Friends of St Thomas' church, on 01837 658750 or *jackie.ann.ellis@btinternet.com*

New Friends of St Thomas' Church, Northlew [FOST] are always very welcome. Forms are available in the church or contact Jackie, details above.

The FOST Annual Meeting has been rescheduled for 7 pm on Wednesday, 29th May 2024 in the Church Room - all FOST members are welcome.

FOST Committee 2024

Chair–Keith Ellis
Secretary – Jackie Ellis 01837 658750/07952 071809
or Email to: jackie.ann.ellis@btinternet.com
Treasurer-Tony Hazell Email: carmelcoaches@hotmail.com
Allan Welsh
Roger Atkinson
Shaun Millership
Tania Haycock
Val Welsh
Revd. Leigh Winsbury [ExOfficio]

In the Chapel

Northlew Market

The market is held on the first Saturday of the month in the Methodist hall, between 10 and 12. We now have a full house of local interesting stalls. These include honey, eggs, preserves, goat meat and goat milk soap, haberdashery, Avon, plants, and cakes ***Lots of Cakes!!!***

As the year progresses we will add a community table where we can sell your excess garden produce, plants, eggs etc. A great way to make a bit of money, maybe for next year's seeds! [We only take 10% the rest is yours.]

Enjoy refreshments, a raffle, hot and cold snacks, and did I mention CAKE? Plus, of course, the chance to catch up with friends and find out about future village events.

Look forward to seeing you there. The next few dates are May 4th. June 1st, July 6th, August 3rd....put them in your diary!

Enquiries.....Ros Smith 01409 221814



Quiz Time

A locally topical little quiz, compiled by Ian Richards.

1. Which river does the River Lew that flows through Northlew flow into?

2. Which Devon placename is derived from a literary work? Westward Ho!

3. The name of a South Devon fishing village washed away in a storm in 1917?

4. Who was born in Torquay, was part of a famous comedy double act and founded Private Eye?

5. The largest surviving mill in Ivybridge makes what?

6. What is the name of the red and white tower on the Hoe in Plymouth?



Enjoyed the quiz? Don't forget the regular quiz and curry nights at the Green Dragon.

7. What colours would an "Appledrain" be?

8. Who was born in 1772 in Ottery St Mary and wrote the Rime of the Ancient Mariner?

9. Who was the Devon based artist famous for her paintings of "larger than life" women?

10. Where in Devon can you find an infamous castle dungeon and a Royal Mint of King Ethelred?

Answers on page 22

Northlew Wordsearch

Can you find all the places on the list?

E	E	H	A	R	P	E	R	S	H	I	L	L	R
P	D	E	W	C	D	N	G	O	M	L	O	R	F
O	E	V	E	H	N	E	R	W	C	T	U	W	A
T	D	I	L	A	A	D	W	R	G	E	E	M	R
H	N	C	R	P	L	W	W	P	A	C	R	B	M
O	U	T	E	E	L	O	A	W	U	D	D	R	E
L	O	O	V	L	E	R	C	D	A	B	L	D	A
E	R	R	I	P	Y	C	G	L	O	O	H	C	S
P	G	Y	R	O	H	C	R	U	H	C	D	A	A
L	Y	H	G	R	E	E	N	D	R	A	G	O	N
L	A	A	U	O	P	E	G	D	I	R	B	Y	E
D	L	L	L	L	R	S	W	O	D	A	E	M	O
R	P	L	S	B	O	G	T	O	W	N	L	Y	L
C	K	I	M	B	E	R	L	A	N	D	S	H	R

GREEN DRAGON
PLAYGROUND
CHURCH
VICTORY HALL
RIVER LEW
KIMBERLANDS
FARM
BOGTOWN
CROWDEN
HARPERS HILL
POTHOLE
PUB
CHAPEL
SCHOOL
MEADOWS
BRIDGE
YELLAND

Play this puzzle online at : https://thewordsearch.com/puzzle/6824256/



News Snippetts

Coming Events

New for 2024, Chris Baines produces a monthly village Coming Events Diary. This includes special events, clubs, church and chapel service times and even the bus timetable. This is sent out by email and also published on the Northlew and Ashbury Facebook page. This is the best way to stay abreast with village happenings. To subscribe or to submit a coming event email chrisbaines63@btinternet.com.

Public toilets



Land was donated for Public Toilets on the edge of the village square back in 1972. They served well for many years but gradually deteriorated until they had to be closed. The Parish Council set aside funds to refurbish and modernise the toilets which will now also be accessibility friendly. Work is well under way and they should soon be back in action. In the meantime, grateful thanks to the Parochial Church Council for allowing use of the toilet in the church room.

Northlew on YouTube



A number of village videos are available across YouTube, including the outstanding WWI 100-years remembrance in 2014, a youthful lockdown video and a report of the 2023 Patronal Service and Church fete.

It is very possible that a lot more is available to be discovered or possibly to be uploaded. If you know of any appropriate village videos that can be added to an archive please email the editor, Victor Hulbert at *victor@hulbert.org uk*.

View a current listing of videos at https://youtube.com/playlist?list=PLxagGvc-vHfYPd8Yig2ErZbnAFc58zVay&si=PRkXKV3RlJPXPv_Z

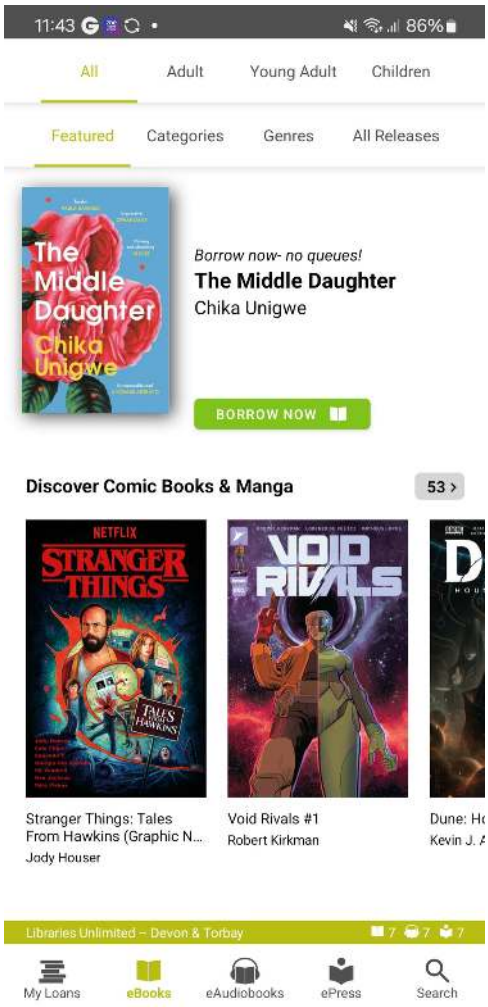
Mobile Library Service

Due to the age of the vehicles Oakhampton Library is sorry to announce that the monthly mobile library service to the village has come to an end. Sadly the cost of replacing the vehicles is uneconomic. Devon County Council released the following statement:

"We have been communicating directly with customers in Devon over the past few months to ensure that as many people as possible continue to have access to books and our wider services. We've been supporting those who can to register with their local library, and signposting others to our Home Library Service, the Good Neighbours scheme, and our BorrowBox app for digital downloads of eBooks, eAudiobooks, eNewspapers and eMagazines.
We would like to thank all of our customers who have used the service over the years, and thank you to our dedicated mobile library service team too."

Visit www.devonlibraries.org.uk for more information or to join one of the schemes.

While the news is disappointing it is not unexpected. A good read is also available by using the book swap service in the Church Room.



J & J Services
The Knoll, Northlew
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Proprietor: John Millership

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TALES FROM THE POLICE HOUSE

MEET NORTHLEW'S VERY OWN DIXON OF DOCK GREEN



He will not confess as to whether he was ever thrown into the police cell, but eighty-year-old Andy Graves has fond memories of a childhood in Northlew where his father was the village bobby.

"I remember winning the fancy dress competition on Guy Fawkes night in 1949/50 as Bonnie Prince Charlie with a cash prize to start my savings," he says. He also remembers finding and lighting a banger firework the following morning. "Not popular being as it was a Sunday!"

Dad, Richard Paul Graves, was a Liverpool police constable but served in the RAF and then the Navy during WWII. Stationed in Devon, that was where he met his wife, and was where young Andy was born.

Richard returned to Liverpool after the war but, perhaps due to pressure from his wife and her mother, returned to Devon where he served first in Newton Abbott before transferring to Northlew and the police house next to the Victory Hall, now known as Hendra house. The distinctive police architecture is visible to this day including an old police light by the front door, placed there by the current owner, Andy Wilkins.

Entering the front door the living quarters were to the left with the police office to the right and the police cell for unruly villagers down the corridor.

In those days the grounds were much larger including a kitchen garden where there now stands a bungalow. "Bearing in mind that a lot of food stuff was on ration many people grew their own," Andy recalls. "So we had vegetables, but also chickens raised from fertile eggs incubated in the garage."

This was quite a performance. "The incubator ran on paraffin and the wick needed constant attention which kept dad up several nights trimming it. The chicks, when hatched, became cannibals, eating chopped up hard-boiled eggs! Needless to say, we did have chicken for Sunday roast some months later.

After the chickens he decided to keep a pig in the chicken run. How it was fattened is a mystery, but we did have very good bacon and pork later. The village butcher kept it in his freezer for Dad. The butcher's was next door to the Bakery.

Dad had a policeman's bicycle, but he often borrowed a horse as it was easier to see over hedgerows. He received a commendation from the Chief Constable for arresting four burglars who had been ransacking garages. He stopped their car on a bridge over the River Lew in Hatherleigh, took the key from the ignition and asked a passer-by to ring for assistance while he prevented their escape.

He was quite a sportsman and at the annual Policeman's Sports Day held in Torquay won the first prize for Javelin. He also played cricket for the Devon Constabulary and took young Andy on a tour when they played against other counties. In the field opposite the police house were two enormous beech trees and it was also the venue for clay pigeon shoots. Andy recalls that his dad was rather good at this, perhaps from the practice he got shooting rabbits looking out over a side window of the police house overlooking the kitchen garden, much to his wife's consternation! Apparently, lead pellets were often still in the meat!



Sentry duty at the Police House

One of the police tasks was to be present during sheep dip time. This was to ensure that the animal was totally immersed in the dip and that they all went in it. He would often come home with a jam jar full of honey on the comb and another full of clotted cream. Mrs Adams kept a milking cow and would simmer the milk in a huge enamel bowl over the kitchen's AGA. "I've never had clotted cream like it since," Andy recalls.

Once a fortnight or so he had to go to Okehampton for his upcoming agenda. This meant a day off school for Andy as he travelled with him. "The Arcade was a delight with my nose pressed against the toy shop window drooling over the Hornby-Dublo train sets." Dad built him a trainset laid out on a 6' x 4' board, helped by Bob Arnold who lived in Beaworthy.

"I think my introduction to motorised vehicles started from then when my dad and Bob had the engine out of his Austin 7. It terrified me going to Okehampton as I could see the road through the floor boards." The two friends also worked together on converting a National Coach into a motorhome, working in Heinz's farm lane behind the police house. Sadly the project was never completed as Richard contracted nephritis of the kidneys and passed away in 1951.

The family moved to Plymouth but Northlew was never forgotten. They often visited, staying in Elmfield with the Adams' and subsequently in Okehampton back when the trains went from Plymouth to Okehampton.

When older Andy acquired a motorbike and rode out to Northlew on several occasions, calling on the Ware's for a cuppa, just like his dad before him, before returning home. Mr Ware must have struggled to feed his family as a mole trapper and often went poaching. Andy states that his dad was well aware of this and often warned him to easy on it or go to another person's land.

Andy concludes, "Although my sister and I only lived in Northlew for about three years it has always seemed to me to be my childhood home and as I rapidly approach my 80'th I will have a pint in the Green Dragon before it's too late." I'm sure he will get a warm welcome.

FERMENTING IDEAS



Jo Hendersen has a passion. You could actually describe her as a Kombucha evangelist. She loves both the health benefits and the flavour of this simple brew made principally from tea, sugar and a 'yeast-scobee' that helps the brew ferment as it feeds on the sugar.

"I read a lot about it," she says, "especially the health, taste possibilities and the cheap ingredients, and thought I would give it a try."

That was eighteen months ago and she hasn't looked back since. Indeed, her passion has spread as she has shared her scobee's and recipe with at least thirty people in the area.

"I like the scientific process," she says. "It is almost like alchemy. It has also helped with my digestive health."

"There are choices, and experimenting with different flavours, is part of the game. Elderflower, elderberry and blackberry, free from the hedgerows. Apple, mint, ginger, even carrot and beetroot make delicious flavours."

Jo lives a busy life, running two businesses' alongside her husband, and with a large vegetable patch outside their bungalow with views over the valley towards Coombe and Dartmoor. It is astonishing that she has time for not just Kombucha, but Kvaas, Sauerkraut, Kimchi and more.

But for Jo, time is no problem when it comes to food preparation. "I used to have a restaurant and have also cooked from home. Cooking is my passion," she says.

And she plans to take it further. Jo has taken several courses, most recently with Tracy Baxter at *I am Cultured* in Bideford, and eventually hopes to move into teaching, perhaps running courses from their campsite retreat, Devon Dens.

For those starting off she suggests taking it gently and perhaps diluting it slightly as it can have a very strong taste. Adding a bit of fruit juice or some sparking water can also enhance the flavour.

"It fits easily into my life," she concludes, adding, "it is simple to make and very forgiving with quantities and length of fermentation."

She convinced me, offered me a starter kit, and I have to agree, easy to make, low cost, delicious, refreshing and good for my health.

[Interviewed by Victor Hulbert]

Joe can share a recipe with you - or just look online. The BBC have a good recipe at www.bbc.co.uk/food/recipes/kombucha_49471



pear tree Cottage

Peartree Cottage, Howards Gorhuish, Northlew, Okehampton, Devon EX20 3BT



Peartree Cottage is a charming two-bedroom self-catering holiday home standing in the grounds of Howards Gorhuish, 2 miles from Northlew. Howards Gorhuish, is a former dairy farm dating from late 17th century and the cottage was originally the cowshed, converted in the 1990's. It has recently undergone a complex refurbishment but retains its old-world charm. It is warm, cosy and comfortably furnished with Visit England 4 Star Gold Award Accreditation.

Accommodation: Sleeps 4 plus one infant (travel cot provided). Fully equipped kitchen/diner. Triple-aspect sitting room featuring stone inglenook fireplace with wood burning stove and French doors leading to the cottage's private patio and garden. Entrance hall leading to stairs and upper landing which leads to two spacious double bedrooms each with its own en-suite. Both bedrooms are double aspect with lovely views across the gardens, meadow and beyond. Further overflow accommodation available in The Old Cob Barn, which can be let as B&B. Garden features private patio and steps leading up to a secluded lawned area with feature shrubs. Garden furniture and BBQ. Gate leading to wildflowers meadow with summer house and a small shady copse. Dog friendly. Open all year round. Short breaks available. Generous welcome pack provided by The Square Shop, Northlew.

For further information contact: Keith & Jackie Ellis Tel: 01837 658750
Website: https://www.peartreecottagedevon.com or Email: Jackie.ann.ellis@btinternet.com
Facebook @PeartreeCottageDevon or www.cottages.com



2023 Memories

Hoping this brings you back some happy thoughts.





Northlew Silver band



Coronation tea party



Coronation cakes



Martyrdom Thomas Becket



Flower Festival



Church fete



Coronation party flyover

Photos by Celia Miners, Maggie Boshanti, Shaun MIllership, Rob Wolley and the editor, copied mainly from the Northlew and Ashbury Facebook page.





Northlew Baby and Toddler Group

Wednesday mornings 10 – 12

(Term time)

In the Village Hall

£2 per child snack included

Tea and coffee for adults

For more info find us on facebook:

Northlew Toddler Group, Devon





YOUR WILDLIFE NEEDS YOU...



CHRIS BAINES

"Oh no, not another article about how we, the human race, have destroyed our wildlife!"

It is true that wildlife is in real trouble across the world and the UK is no exception. We blame the government, farmers, housing developers, habitat loss, introduction of invasive species, climate change, ignorance and more. Probably they are all a bit to blame, but I can't believe anybody goes out of there way to harm wildlife. So what has gone wrong?

In reality, things have been going wrong for a long time, probably as far back as the Industrial Revolution. Back then there were fewer people living on this little Island, and the impact of Industrialisation and Intensive Farming was only just starting to take its toll.

I grew up in the 1960's and can remember farmland birds such as Yellowhammer, Skylark, Lapwing, Curlew, Cuckoo, Corn Bunting and many others being an everyday sight. The trouble is that when statisticians start to quote us numbers for the decline in wildlife, they generally use the post war years as a baseline.

Unfortunately, we are never going to get back to a world like that. For one, the population of the UK has increased from 50 million in the 1950's to almost 68 million today.*

That's nearly a 34% increase in people needing houses, cars, roads, shopping centres. All impacting on wildlife in some way.

So, lets stop whinging about how good things used to be and take stock of all the great wildlife we still have. We can then work out what we can do to save this wildlife before it is lost forever. Darwin was a clever guy and his theory of evolution was groundbreaking. What it taught us was that life is constantly evolving.

Even as humans were only one of several versions of us back in the day. We just outsmarted the others.

In nature, there are generalists and there are specialists. Crows are generalists, and Turtle Doves are specialists.



Northlew crows nests

** https://www.macrotrends.net/global-metrics/countries/GBR/united-kingdom/population.*

Crows are doing pretty well because they can adapt to the way the UK is changing. Turtle Doves are in trouble because they need a certain type of habitat to live and as that declines, so do they. We can probably try to save some of these specialists by creating the right habitat, but we will never get the numbers back to where they were in the 1950's and sadly some will be lost forever.

Right then, we know what we need to concentrate on, so what do WE need to do?

Firstly, if its possible to get a straight answer out of a politician, we should try to vote for the one who really believes in saving what wildlife we have and puts that goal pretty high up on their Mission Statement.

I am only one voice, what can I do alone? We all feel like that, so try to support organisations like the RSPB, your local Wildlife Trust, the National Trust, Greenpeace and others. They have a voice and can make the Government listen. For example, without organisations like these, do you think the Government would have banned sand eel fishing in our waters? Sand eels are a very important food source for a lot of our sea birds and we have been fishing them out of existence to produce animal feed.

Stop buying peat based compost NOW. I realise the ban is coming, but if we don't buy it then they will stop trying to sell it to us. My experience is that if you mix a bit of earth or your own compost with the peat free compost, it works fine. Peat is an amazing water and carbon store and should be left where it is.

No doubt you have heard about 'No mow May'. This is to encourage us to leave our lovely lawns to grow during the month of May. This in turn allows a lot of the insect loving plants to flower such as daisies, buttercup and dandelion.

They then set seed which are eaten by the birds during the 'hungry gap' of late winter. To be honest I am fortunate enough to leave a whole part of my lawn 'wild' for the whole year, just strimming it down in Autumn.



I say I am rewilding, but maybe I am just lazy. See, saving wildlife can save you work too!

If you are lucky enough to have a garden, try to manage it with wildlife in mind. Geraniums (Cranesbill) are a great ground cover plant that grows well here. The insects love the flowers and it doesn't need much TLC. My sort of plant!! A well known gardening programme advised that you should cut the plant back down to the ground after flowering to encourage more flowers. Sounded like good advice until I spotted a Bullfinch feeding on the seeds. If I had cut it down all these seeds



In 1990, Marathon became Snickers. This wrapper was found during a litter pick last week. That gives an indication of how long litter can take to disintegrate. Thank you to the many in Northlew that litter-pick either intentionally or just carry a rubbish sack while out walking, that responsibly dispose of dog waste, and the many more that intentionally ***do not*** *drop litter in the first place. You make a difference. [Photo credit: Ann Robson]*

would have been lost.

Try to convince your neighbouring farmers not to cut all their hedges down so low in the Autumn. I will probably be shot for this comment, but I would love to hear from a farmer to explain why they do it.

If the hedges are left about 2m tall and as wide as possible, then this will allow some of the shrubs to flower and set seed. It will also be thick enough for birds to nest in.



I concede that cutting some hedges down low helps a lot of the wildflowers to thrive, but surely they don't all need to be scalped.

Put up nest boxes, bug hotels, swift boxes and anything else you can think of to encourage wildlife to use you garden. Make a pond and you will have wildlife in the first year. Don't put fish in the pond, or you won't. Make log piles in shady corners of your garden. This encourages bugs and possibly slugs, but we are told we need to love our slugs! Feed the birds all year. I feed sunflower seeds and peanuts generally. You don't need to go to the expense of buying sunflower hearts, the birds will take the shells off.

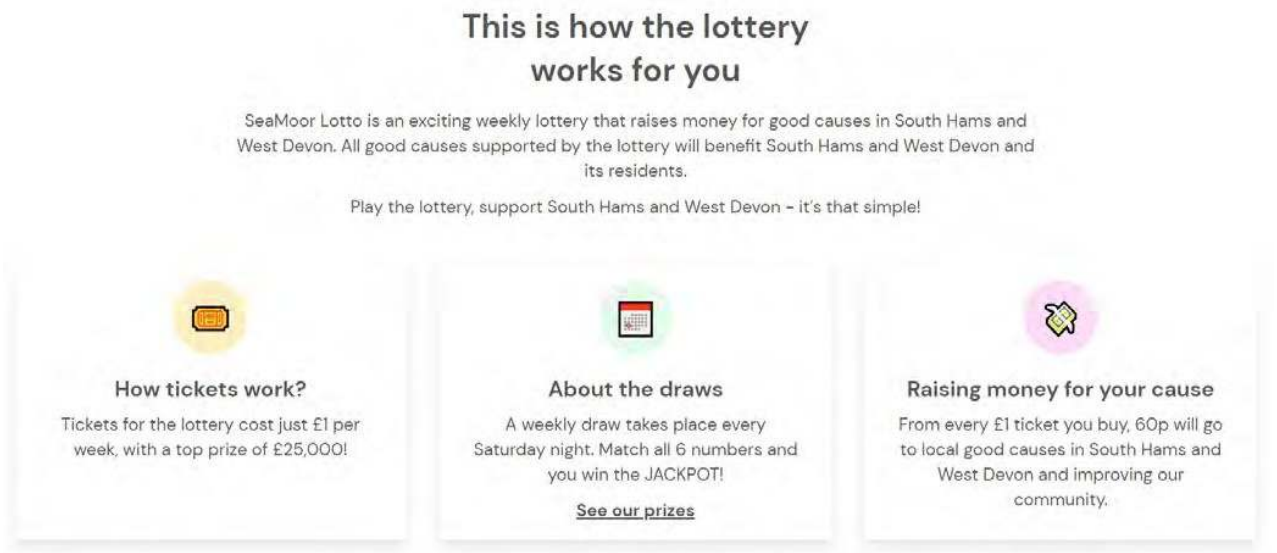
So, there is your starter for ten. I would love some feedback, and to tell me what you have done to help our wildlife.

Chris Baines – chrisbaines63@btinternet.com
(tel: 07917795072)

SeaMoor Lotto

SeaMoor Lotto was created in 2018 by West Devon Borough Council. Set up to support community projects in the local area, SeaMoor Lotto operates on the principle of raising money within the community for the community.
We empower local good causes to raise money in a fun and effective way. A ticket for SeaMoor Lotto costs £1 a week and 60p will go directly to good causes! Northlew Parish Council are a registered good cause with SeaMoor Lotto, so you can raise funds for the parish council, and potentially win something for yourself. Google SeaMoor Lotto, it's really simple to join!

www.seamoorlotto.co.uk



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Photo by Liz Mary. Posted on the St Thomas of Canterbury Facebook Page.

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Raindrops keep falling...

With news reports stating that Dartmoor had almost a years worth of rain in just one month this past February, it is understandable that our roads and fields are a bit soggy. Certainly, blue skies seem to have been the exception rather than the rule so far this year.

The Met Office reports that Dartmoor had 650mm of rain in February. The average is 177mm. So how does Northlew compare?

Bryan Dufty has been keeping regular rainfall records on Stony Farm for the past 40 years. While we may feel totally soaked here he only recorded 229mm for February, though that is still double the February average of 112mm for Northlew .

The highest February rainfall on his farm was in 1990 with 316, followed in 2020 with 275mm. Thankfully the lanes and fields are now drying out as we move towards summer with more blue skies, warmth and sunshine.

	2020	2021	2022	2023	2024
Jan	138	185	60	165	108
Feb	275	150	114	25	229
March	123	59	48	217	135



Spoil yourself this spring with Gooey Triple Chocolate Brownies

When someone scrawls ‘Fabulose! The best I’ve ever eaten!’ across the top of a recipe it is wise to take note – especially when you know that person is an excellent baker in her own right.

So delve into this indulgent recipe courtesy of Tania’s Tarts.



225g/8oz plain (70% cocoa solids) chocolate, broken into pieces.
225g/2 sticks unsalted butter, cubed.
3 eggs
275g/11/2 cups caster/granulated sugar
½ teaspoon vanilla extract
seeds from ½ vanilla pod/bean
13 g/1 cup plus 1 tablespoon plain/all-purpose flour
a pinch of sea salt
50g/1 ½ oz. Milk chocolate chunks
50g/1 ½ oz. White chocolate chunks

Use a 23cm/9 inch square baking tray. Makes 9.

Preheat oven to 160C or Gas mark 3.

Gently melt the butter and dark chocolate together into a saucepan set on low heat, ensuring it does not burn, then remove from heat and allow to cool.

Using a large mixing bowl, whisk together the eggs, sugar, vanilla extract and vanilla seeds, then gently fold in the cooled chocolate and butter mixture. Sift the flour over the mixture, add a good pinch of sea salt, and again fold together until well combined. Pour the mixture into the prepared baking tray and then sprinkle the milk and white chocolate chunks across the top, pressing them down into the mixture.

Bake in a preheated oven for 20 minutes until it has a crust on top but is still wobbly underneath.

Run a palette knife around the edge, then leave the brownie to cool in the pan. Once at room temperature, turn out of the pan before cutting into squares.

Hint: For double the quantity (and who wouldn’t want more), bake at 180C for 45 minutes.

Quiz answers

1. Torridge (there is another River Lew @ Sourton that flows into the Lyd)
2. Westward Ho!
3. Hallsands
4. Peter Cook
5. Paper
6. Smeaton’s Tower
7. Yellow and black – wasp
8. Samuel Taylor Coleridge
9. Beryl Cook
10. Lydford.



Tania’s Tarts

Delicious tarts, pies and delicacies available from Tania’s window every Friday 10-12pm.

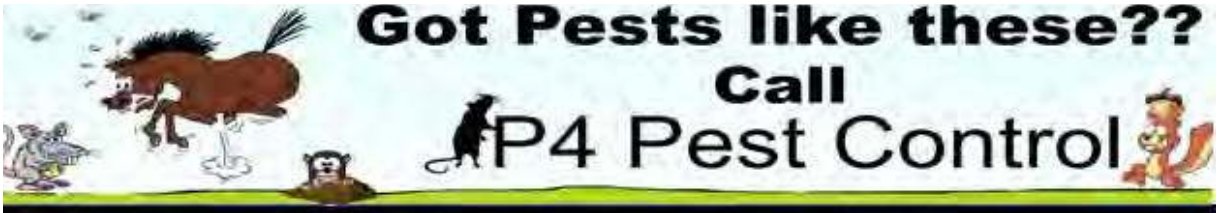




Mandy Edwin

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contact Rob 01837 89097, 07713 584316 or Tim 07786 248554

Northlew Tutors

Struggling with English or Maths? Need some post pandemic catch up? Support with schoolwork? Help to get those grades?

Experienced and qualified local tutors, DBS-checked and insured.
Small group classes in English and Maths for all levels up to GCSE at Northlew Methodist Church Rooms.
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For more information and to book, contact Shirley or Cath via **Facebook** or email **northlewtutors@outlook.com**



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Information pages

Your Parish Council

Your Councillors are here to help and always welcome your support and comments. Contact details as follows:	
Celia Miners: Chair	cminers@northlewparishcouncil.org.uk
Mark Rundle: Vice Chair	mrundle@northlewparishcouncil.org.uk
Andrew Alger	aalger@northlewparishcouncil.org.uk
Bryan Dufty	bdufty@northlewparishcouncil.org.uk
Shaun Millership	smillership@northlewparishcouncil.org.uk
Dave Kent	dkent@northlewparishcouncil.org.uk
Shaun McCarthy	smccarthy@northlewparishcouncil.org.uk

Visit our website, http://www.northlewparishcouncil.org.uk, to discover:

- Details on how to contact your Borough and County Councillors and Member of Parliament.
- Minutes of previous council meetings and agenda for the next meeting.
- news, local information and a memory page.

Parish Council Meetings are usually held at 7.30 pm on the third Monday of each month in the main hall of the Victory Hall. **The agenda** is published on the website at least 3 days prior to the meeting. At 7.30pm prior to the start of the formal meeting, there is a public session (if required) which, at the Chair's discretion may last up to 15 minutes to enable members of the public to ask questions of and make comment to the Council. We request that notice of intent to ask questions/make comment be made to the clerk by the Friday prior to the date of the meeting. Questions not answered at this meeting will be answered in writing to the person asking the question or may appear as an agenda items for the appropriate parish council or committee meeting. Members of the public are asked to restrict their comments and/or questions to three minutes. This section is not part of the formal meeting of the Council. Any member of the parish can attend the formal part of the meeting but may not contribute to it unless specifically invited by the chair.

Please contact our clerk Johannah Shaw, for further information, for comments or suggestions on the website, or if you would like to raise a topic at the public session of the Parish Council Meeting. Johannah can be contacted at: clerk@northlewparishcouncil.org.uk or 07514 489020..

Community Contacts

Medical	
Blake House Surgery, Black Torrington	01409 231628
Derriford Hospital	01752 202082
Royal Devon and Exeter Hospital	01392 411611
MyDentist, Okehampton	01837 52745
NHS Direct	111
Okehampton Boots (Mon-Sat 9-5.30)	01837 543220
Okehampton Community Hospital	01837 658000
PharmaDerma Pharmacy, Okehampton (Mon-Friday 9-6.30. Sat 9-5.30)	01837 847663
Okehampton Medical Centre	01837 52233
Vets	
Okeford Vets	01837 52148
North Park Veterinary Group	01837 658777
Other	
Police	101 (non-emergencies) 0845 277 7444 (enquiry office)
Samaritans (24 hours)	116 123
Reporting a Power Cut	105
Floodline	0345 988 1188
Citizens Advice Bureau	0344 411 444
West Devon Borough Council	01822 813600
Devon County Council	0345 155 1015





Sports and Recreation

Please note that this may not be a complete guide and may be subject to change. For further information please contact event organisers.

- BADMINTON — held at the Victory Hall on Mondays and Wednesday at 5-7pm.Contact Chris Baines for more information on 01409 221362 or email chrisbaines63@btinternet.com

- KNIT AND KNATTER— meets every 2nd and 4th Wednesday of the month at the Methodist Chapel Rooms at 2.30 – 4pm. Everyone is free to knit or crochet an item of their choice or knit for some of the worthy causes including local hospital baby premature units and various orphanages. £1 for coffee/biscuit and donations of wool gratefully received. For more information call Eunice Peck on 01409 221187.

- NORTHLEW AMATEUR DRAMATIC SOCIETY (NADS) –We have welcomed a few new members but need more volunteers both to perform and to help with costumes, painting, set and programme design, curtain pulling…….oh and not forgetting prompting (probably a big part!) We meet most Monday evenings before our next production so please feel free to come along. Just call us to confirm. Send an email to Lyn Taylor, Chairman 07971 609115 lyntaylor11@live.co.uk, or Martin Perry, Secretary 01409 221376 martinperry.northlew@gmail.com.

- NORTHLEW AND ASHBURY SNOOKER CLUB—this is an active and thriving facility with two full size tables and has a team in the Okehampton League. We welcome new members of all levels of play for a small membership fee. However, have a free go before joining, just contact David on 07977 789734 or david@grindhill.co.uk.

- NORTHLEW CHILDREN'S GROUP–held on Wednesdays, 10am-12pm at the Victory Hall–Contact Jo Drydenvia on Facebook or 07789282990.

- NORTHLEW SILVER BAND—Devon's only Village Silver Band over 100 years sold. For more information please contact: Tim Williams 01409 221754 or Martin Perry 01409 221376.

- PLAYGROUP FOR GROWNUPS - come to the Methodist Chapel on the 1st and 3rd Tuesday of the month from 2 to 4pm for games, refreshments and laughter. All for £1.50. Local transport available. For more information please call Chris on 01409 221797.

- SHORT MAT BOWLS - every Thursday, 2- 4pm at the Victory Hall. For more information call Mike on 01409 220320, Norman on 01409 221518 or Lin Miller 01409 221164.

- SKITTLES — Tuesday 7.30-10pm at the Victory Hall. Contact Mark Turley 07958764143.

- TABLETENNIS at the Victory Hall on Fridays, 5-6pm. For more information contact Chris Baines on 01409221362 or email chrisbaines63@btinternet.com.

- WALKING GROUP including nature walks are organised periodically throughout the year. Please contact Chris Baines on 07917 795072 or email chrisbaines63@btinternet.com if you would like to join us, or for more information.

Bus timetable

Timetable complied from the MD buses and Tor and Torridge buses websites and is up-to-date as of April 2024.
www.mdcoaches.co.uk
www.tawandtorridge.co.uk/Service-Routes



For Okehampton to Exeter Train times please visit https://dartmoorline.com

NORTHLEW - BIDEFORD Via Shebbear 642

Monday only (Except Public Holidays)

NORTHLEW, Square	**0915**	**BIDEFORD, The Quay Stop A**	**1330**
HIGHAMPTON	0925	LANDCROSS, Chapel	1337
SHEEPWASH, Square	**0930**	STIBB CROSS	1350
BLACK TORRINGTON, Black River Inn	0935	ROWDEN FARM	1354
BRANDIS CORNER	0940	CAUTE, Phone Box	1359
BRADFORD, Lana Cross	0945	**SHEBBEAR, Square**	**1405**
DIPPER MILL	0950	DIPPER MILL	1415
SHEBBEAR, Square	**1000**	BRADFORD, Lana Cross	1420
CAUTE, Phone Box	1006	BRANDIS CORNER	1425
ROWDEN FARM	1011	BLACK TORRINGTON, Black River Inn	1430
STIBB CROSS	1015	**SHEEPWASH, Square**	**1435**
LANDCROSS, Chapel	1028	HIGHAMPTON	1440
BIDEFORD, The Quay	**1035**	**NORTHLEW, Square**	**1450**

NORTHLEW - OKEHAMPTON Via Germansweek & Bratton Clovelly 633

Monday only (Except Public Holidays)

NORTHLEW Square	**0930**	**OKEHAMPTON Market Street**	**1230**
GERMANSWEEK War Memorial	0945	BOASLEY CROSS School	1245
BRATTON CLOVELLY Clovelly Inn	1000	BRATTON CLOVELLY Clovelly Inn	1255
BOASLEY CROSS School	1010	GERMANSWEEK War Memorial	1310
OKEHAMPTON Market Street	**1025**	**NORTHLEW Square**	**1325**

NORTHLEW - HOLSWORTHY Via Sheepwash Taw & Torridge 639

Wednesday only (Except Public Holidays)

NORTHLEW Square	**0925**	**HOLSWORTHY Manor Car Park**	**1335**
HATHERLEIGH Market Square	**0940**	ANVIL Corner	1340
HATHERLEIGH Moor View	0942	COOKBURY Church	1348
HIGHAMPTON	0946	HOLEMOOR CROSS	1354
SHEEPWASH Square	**0952**	BRADFORD Lana Cross	1355
BLACK TORRINGTON Black River Inn	1000	BRANDIS CORNER	1404
BRANDIS CORNER	1006	BLACK TORRINGTON Black River Inn	1410
BRADFORD Lana Cross	1015	**SHEEPWASH Square**	**1418**
HOLEMOOR CROSS	1016	HIGHAMPTON	1424
COOKBURY Church	1022	HATHERLEIGH Moor View	1428
ANVIL Corner	1030	**HATHERLEIGH Market Car Park**	**1430**
HOLSWORTHY Manor Car Park	**1035**	**NORTHLEW Square**	**1445**

This service is financially supported by Devon County Council

NORTHLEW - HATHERLEIGH - OKEHAMPTON 630
NORTHLEW - OKEHAMPTON via Sheepwash 631

Thursday and Saturday only (Except Public Holidays)

	630 Th	631 S		630 Th	631 S
NORTHLEW Square	**0945**	**0945**	**OKEHAMPTON Market Street**	**1245**	**1245**
SHEEPWASH Square	-	1000	FOLLY GATE Crossways Inn	1250	-
HIGHAMPTON	-	1005	INWARDLEIGH Memorial	1255R	-
HATHERLEIGH Moor View	-	1010	SAMPFORD COURTENAY Station	-	1252
EXBOURNE Red Lion	-	1020	SAMPFORD COURTENAY New Inn	-	1256
SAMPFORD COURTENAY New Inn	-	1026	EXBOURNE Red Lion	-	1302
SAMPFORD COURTENAY Station	-	1030	HATHERLEIGH Moor View	-	1312
HATHERLEIGH Moor View	1000	-	HIGHAMPTON	-	1317
INWARDLEIGH Memorial	1010	-	SHEEPWASH Square	-	1322
OKEHAMPTON Market Street	**1025**	**1037**	**NORTHLEW Square**	**1305**	**1337**
			HATHERLEIGH Moor View	1320	-

CODE: Th - THURSDAY ONLY