SPRING 2025

NORTHLEW

NEWS



SECURING A FUTURE FOR ASHBURY CHURCH

THATCHED COTTAGES: THE LOW DOWN / 55,000 NEW TREES / EASTER TREATS / SCHOOL PTA UPDATES / WOULD YOU EAT WASPS?

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He is here to investigate this murder with you (the audience) to assist.
You will need to follow the evidence to uncover the perpetrator of this crime.

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martinperry.northlew@gmail.com or 01409 221376

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NADS
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Est 2007



Photo credits: Above: Snowdrop alley behind St Thomas Church, Victor Hulbert.
Front cover: Approaching Ashbury church along the lane, Stephen Brownhill.

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PROOFREADERS: AUDREY ANDERSSON & ANA CARINA.
ALL PHOTOS ARE BY THE EDITOR UNLESS OTHERWISE STATED.

Stan Percy is a Northlew Hero whose name should be honoured each spring. A cattle farmer from Waytown Farm on the Northlew Road, he was renowned for carrying a handful of daffodil bulbs as he drove his stock along the lane.

His plantings have multiplied over the years and have been added to by many others, making the daffodil season a real joy right across the parish.

The snowdrops were also spectacular this season, with Trixie Hannaford taking credit for many of those along the lanes toward Shallowford and Crowden.

Snowdrops to primroses, daffodils, and then bluebells move us into the cycle of the year and the rhythm of both village and farming life. I was always one for a lovely Harvest festival, Christmas, or Easter service in the church, but Blessing the Plough each February or the Rogation service at Hillside Farm each May are new experiences for me.

FROM THE EDITOR

Victor Hulbert



Mind you, I suspect Stan Percy would have fully approved of the Rogation service. Leading last year's service, Tania Haycocks explained that the original event would have involved the whole village walking the boundaries, giving thanks, and checking for any needed road repairs. "Perhaps," Tania quipped, "Devon Highways should be a special guest at the next service!".

What I liked about the service was the sense of togetherness and community. That is equally what I love about Northlew, whether it is a coffee morning or a pub lunch, Bandemonium, the summer fete, one or more of the various club or sports activities, or the November carnival. And of course, the friendly competition at the Produce and Craft show.

For me, this spring edition amply demonstrates how our village enjoys life together. Enjoy the read, and remember that your news, writing, photography, poetry, or artwork is always welcome.

[Source: The Book of Northlew with Ashbury, Ed. Northlew History Group. Halsgrove, 2002, p.23]



Securing a future for St Mary's, Ashbury

[Nick Woollcombe with extra information from Tony Woollcombe & the editor.]

Many parishioners enjoy the twice-yearly services at St Mary's Church, November's service of Light, traditionally followed by fireworks, always being a special moment in this 13th century church. Derek manfully plays the pump organ while a packed congregation provide vibrant singing, perhaps in anticipation of the home baked refreshments to follow.



Annual Festival of light with a packed church and over 130 candles. [Photo: Liz Mary]

Check through the visitors' book and it is clear that this small isolated church is visited much more frequently than one might imagine -- sometimes out of historical or family interest, often as a place for quiet meditation.

Tony Woollcombe, long since emigrated to Australia, notes that their family has owned and managed the church ever since they married into the Walter family in 1664.

Today, St Mary's Church stands isolated in the middle of its quaint churchyard, commanding a spectacular position overlooking Dartmoor to the south, and often with sheep in the fields below. The view takes your breath away.



Nearby, converted farm buildings now provide much-needed homes. It is hard to imagine that this was once a thriving, self-sufficient estate. The church met the religious needs of all who lived and worked there



A church has existed on this site since at least 1297. However, the current church was rebuilt in 1871 by Archdeacon Henry Woollcombe, the then owner of the Ashbury estate. The tower, dating back to the 16th or 17th century, is all that remains of the earlier structure.



The present church is Victorian. It was rebuilt on the old foundations and according to the original plans (White's History, 1878).

A survey conducted in early 2014 noted: "The church features attractive corbel stones, window frames, coloured leaded glass panels, and a blocked priest's door on the south wall of the chancel. Although much of the church was rebuilt in the 19th century, it is likely that many stones were reused from the older 16th/17th century building."

Headstones dating from the mid-16th century can be seen at the base of the tower. They are dedicated to the Walter family, who owned Ashbury at that time. The estate passed from the Walters to a Woollcombe cousin, and the Woollcombe family owned it until the 1930s.

The church is small. Its size and remote location meant that by the 1980s, it was no longer viable as a place of worship. To prevent it from falling into ruin, it was sold to a member of the Woollcombe family in 1982. Three of her relatives have since maintained it.

From 2014 to 2015, the church tower underwent extensive restoration, and last year, the decaying floor was replaced.

Like many other churches, St Mary's is an important part of our country's historical and cultural heritage. The owners were keen to ensure that the church could be preserved for the future. To do this, they recently created a charity into which the church was transferred, with the trustees being three of the former owners.

This arrangement facilitates the collection of donations, application for grants, encouraging legacies, and the benefit of tax advantages such as Gift Aid. The charity provides a firmer basis for the church's future, while maintaining continuity in its management and continuing role in the local and wider community.



The approach to Ashbury church engenders a sense of awe, beautifully captured here by photographer, Stephen Brownhill

Fascinated by Devon churches?
Why not explore and learn more with the help of the Devon Churchland website.
https://devonchurchland.co.uk

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PEWS NEWS: ST THOMAS OF CANTERBURY CHURCH


Jonathan & Sarah Cook

Dear Northlew,

It's hard to remember in winter that there's life in abundance deep in the earth. As the temperature drops, it freezes the soil, slowing the tiniest molecular energy to a near standstill. Last year's fragrant and fragile foliage is but memory in a grayer, harsher, world.

Green growth is dormant, and anything that hasn't been diligently pruned now stands skeletal in our midst. The evergreens resisting change only seem to mock the fickle fate of everything else.

Yet here we are. Leggy lambs begin to bleat and dance; bulbs break through on every surface. Flecks of colour from crocus, daffodils and snowdrops speckle our daily views with colour - not just yellows, whites, and purples, but endless subtle shapes, sizes, and shades of each. Deep down, there was life all along.

For nature, the earth drawing closer to the sun warms our land, unveiling buried beauty. Yet, when we face life's sharpest struggles and pains, we also need the kindness of friendship, I believe, inviting God's Holy Spirit into our lives, and that God's words of life in scripture help us fully thaw from the harsher impacts of life as we know it, and to see a way through.



There is a promise in scripture I often hold in prayer where I sense myself hardening in response to life's tougher bits: God says, "I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh".
(Ezekiel 36:26)



On behalf of the St Thomas's Church community, may we all in Northlew and Ashbury have a blessed springtime. That as we relax into the new found beauty and warmth of our landscape, may we also find the hope of goodness to soften the harder parts of our hearts, and the courage to move forward in faith towards that which brings us life.

God bless,

Jonathan
Curate. North Parish District

ART & PHOTOGRAPHY EXHIBITION

Showcasing the work of local artists and photographers

Saturday 17 & Sunday 18 May 2025 from 11:00 – 17:00

at Northlew Parish Church and the Church Room EX20 3NJ



Original work for sale

Coffee, light lunches, teas and raffle in the Church Room

Raising funds for Northlew Church repairs and North Devon Hospice

Jackie Ellis jackie.ann.ellis@btinternet.com | Val Welsh valofgreen@gmail.com

Get Creative

FOST (Friends of St Thomas' Church Northlew) is organising an Art and Photography exhibition on the weekend of 17/18 May. This is to raise funds for essential church repairs and to support the work of the North Devon Hospice.

We are keen to promote local talent, so are inviting artists and photographers – both amateur and professional – from Northlew and the surrounding area to take part. Exhibitors will be able to offer their work for sale, with a small commission going to the two charities.

Art exhibits – watercolours, oils, drawings, collage and other 2D media - will be displayed in the Church over the two days, with photographs, refreshments and an art inspired raffle in the Church Room.

Details of how to enter and entry forms are available from Jackie Ellis (contact details below) and Val Welsh (valofgreen@gmail.com).

Important dates for exhibitors:

Monday 14 April is the deadline for submitting completed entry forms.

Monday/Tuesday 13/14 May is the date to submit work ready for display

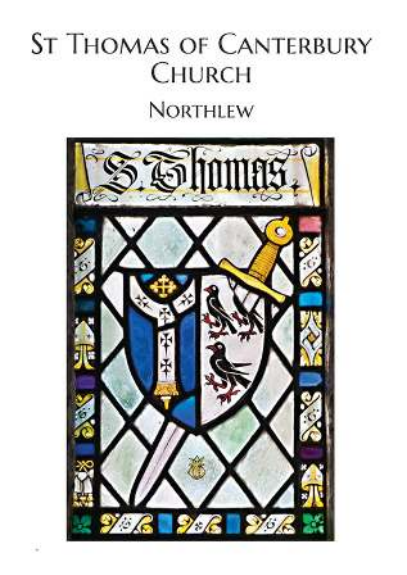
Friday 16 May – preview evening for exhibitors

Saturday/Sunday 17/18 May – exhibition open to the public

A new visitor guide...

Visitors to the church can now find out more about the building and its history by buying a new guide booklet for just £3.

Look out for copies on the Welcome table.



Use this QR code to donate to FOST

https://cafdonate.cafonline.org/26506#!

FOST Committee 2025

Chair–Keith Ellis
Secretary – Jackie Ellis 01837 658750/07952 071809
or Email to: jackie.ann.ellis@btinternet.com
Treasurer-Tony Hazell Email: carmelcoaches@hotmail.com
Allan Welsh
Roger Atkinson
Shaun Millership
Tania Haycocks
Val Welsh
Revd. Leigh Winsbury [ExOfficio]





"**We had a good gathering** at the Methodist Carol Service on 15th December led by Rev Chris Jackson," writes Winifred Davey. "Everyone enjoyed singing the carols with music by Northlew Silver Band. The church had been beautifully decorated by Tracey Barrett, Dorothy Cole, Marion Dufty, Patsy Reddaway and Bet Spry. The offering of £140 was given to Okehampton Community Food Bank to help them continue their good work.

Northlew Market

The market is held on the first Saturday of the month in the Methodist hall, between 10 and 12. Enjoy a full house of interesting local stalls. These include honey, eggs, preserves, goat meat and goat milk soap, haberdashery, Avon, plants, and cakes. ***Lots of Cakes!!!***

We include a community table where we can sell your excess garden produce, plants, eggs etc. A great way to make a bit of money, maybe for next year's seeds! [We only take 10% the rest is yours.]

Enjoy refreshments, a raffle, hot and cold snacks, and did I mention CAKE? Plus, of course, the chance to catch up with friends and find out about future village events. Look forward to seeing you there. Enquiries: Ros Smith 01409 221814.

50/50 Shop

If you have any unwanted goods (not clothes) you can bring them to the 50/50 shop behind the Methodist Hall, state a price and if the goods are sold you receive half the money and the other half goes to the Methodist Church.

The shop is open every Saturday from 10 a.m. to 12 noon. The hall is also open so you can sit in a warm room, have a chat and enjoy a cup of coffee or tea and biscuits.

[Winnie Davey]




Contact Tracey
01409221835
If you can help in anyway, raffles prizes, sponsorship of a house or just a donation, thanks
EASTER BINGO
THURSDAY APRIL 10TH
Doors Open 19:15
Eyes Down: 20:00
NORTHLEW VICTORY HALL
1 Line, 2 Lines, Full House Prizes
Children's Game & Cash Flyer
IN AID OF E.L.F AND BANDAMONIUM 4!
Food and drink will be on sale
ADMISSION £1



Living in a Thatched Cottage – the low-down [Nelle Millership]

Church Gate Farm dates back to medieval times and is one of the oldest houses in the village. Morwenna and Shaun Millership have lived there for the past 22 years and recently had it re-thatched. Northlew News asked their daughter Nelle, age 15, to give us the highs and lows of living in a thatched cottage. This is her response.



First things first, the more obvious factors. Living in a thatched cottage is a privilege. They are beautiful to the eye, and they keep traditions alive!

But did you know that a thatched roof is often sturdier than a modern slate roof? This is particularly beneficial considering the harsh Northlew weather we encounter. Who would have thought that the old methods of building would still suit our standards nowadays.

Another bonus of living in a thatched cottage is that no matter how cold it gets if you have a few radiators, it will feel cosy all throughout winter but will equally keep you pleasantly cool during the rare summer heat we experience.

Along with the positives, there are, of course, a few negatives.

Living in a thatched cottage can be quite expensive when you need to replenish and freshen up the thatch. Our re-thatch this spring used almost four tons of reed! If you don't have deep pockets, you may want to reconsider.

Alongside this, when it comes to insurance, that can also be a little on the pricey side!

Thankfully, it is my parents who pay for it! Meanwhile, I just love living here.



The old roof October 2024



Did you know?

[Compiled by the editor]

There are predominantly three types of thatch: traditional, Long Straw, Wheat Reed, and Water Reed. Devon Cottages are more likely to use Wheat Reed, grown locally.

If your cottage is in a conservation area or has listed building status, then thatching supplies and materials used on the building must be the same as what was used previously. Any change requires planning permission.

Wheat straw has to be grown especially for thatching with strict controls on fertilisers used and a straw length of a minimum average of 750mm (30 inches).

The method of harvesting high-quality thatching straw has not changed very much over the last century. Reaper binders are used to cut the crop while it still has sap in the straw. The crop is then stooked in the field for up to twenty days to allow it to drain and become stiff and not brittle, before being picked up and stored in stacks or barns ready for threshing later in the year.

[Source: Allsop Thatching & Hills of Devon]



Stooked thatching straw drying in the fields near Bow.

According to the Thatch Advice Centre, there are around 800 Master Thatchers in the UK. Thatch in Devon estimates that there are 4,000 thatched properties in Devon, more than any other English county, or the rest of the world! Most of these are in rural locations - and Northlew certainly has some excellent examples.

The children have been working hard during our Design Technology lessons, designing and then creating model playgrounds to present to our PTFA as part of the school's planned improvement of the play equipment.

The children had the design brief of creating a playground that was suitable for all ages (2-11 years old), accessible to all and all year round and that it would be cost effective and realistic. They are going to be presenting their proposals to the PTFA in a Dragon's Den style meeting, where they are going to use a presentation that they have written themselves to convince the PTFA to choose their design.

The children have done a fantastic job and have put a lot of careful thought into what they wanted and what was needed – keep your eyes peeled for the results!

The PTFA are doing a fantastic job of fundraising for the new playground equipment, please contact the school or any member of our brilliant PTFA if you would like to support this project in any way!

We are also holding our Easter Service in St Thomas of Canterbury Church on Tuesday 1st April, time will be confirmed the week before. We would love to see as many faces from our Community join us for some hymn singing, sharing of the meaning of Easter and a cuppa and cake afterwards in the School.

Many thanks,

The Northlew Team.





Play equipment update. We have had new quotes in and like everything the price has increased! New quotes are coming in between £15,000 and £22,000 and that's using recycled plastic play equipment. We have recently had another company out to quote but this time using wooden equipment just to see how the prices compare hopefully that quote will be with us soon so we can make a decision.

We would like to say a big thank you to Okehampton Lodge of Obedience who have kindly donated £250 to our playground pot. We have been applying for grants some have been successful, we are in the process of receiving £400 from the Devon Educational Trust which is brilliant and others that have replied with try again when we are closer to our target. As we are trying to raise money for the school play equipment it closes down a lot of the grants as it isn't a community space but we will keep trying and keep fund raising.

Thank you to everyone that came to our bingo we raised £520 so the total in the bank now on the playground fund is £7000.

Our AGM is Monday 31st March 3.30pm in the school if anyone would like to join us you are all very welcome. We are always looking for new members or helpers at events.

We also have an Easter Raffle Draw, tickets are 50p each please see a member of PTFA or a parent as they will have some for sale. Dev can also sell you tickets in the school reception on Wednesday and Thursday mornings until noon.

1st prize an Easter hamper **2nd Prize** Easter cake and **3rd an Easter egg**. Raffle to be drawn after the School Easter Service on Tues 1st April.

Dates for your Diary:

Sunday 11th May: Dog show and tabletop/ car boot sale in the school playground.

Thursday 19th June: Bingo in Victory hall.

Saturday 5th July: Duck Race at Wadland.

These dates are subject to change especially the duck race! Lets see how many attempts it takes this year! More events may be added so please keep an eye on posters and Facebook posts.

Many thanks for all the continued support.

Jo, Mel, Becky, Jade, Becky, Natalie and Rosie



With gratitude

Complied by Victor Hulbert











There was a very positive response to the gratitude column in our last edition so we have decided to run another one. What do you have to be grateful for? Message or email us so we can share your thanks in the next edition.

Reweaving the park den

Congratulations and thanks to the Parish Council team and the one volunteer who took time to do a great job weaving the willow at the Den. When the leaves bud it is going to look splendid once again!

Jayne and Kaitlyn's Cornish Coastal Challenge Update

As you can see from the cheque presentation photo, Jayne and Kaitlyn's Cornish Coastal Challenge fund raiser for the North Devon hospice has increased once again! Total currently stands at £4804.25, an increase of £220.91 since we last published with money still coming in from the £5.00 booklet recounting their adventures.

A full report of their adventure was in the Autumn 2024 Northlew News.

Maggie and the Village Toilets

I have many things to be grateful for since I moving to this village. But I thought I would like to pass on the gratitude, expressed by other people regarding the village loo.

In August the Parish Council opened the revamped toilet. This now has a new ramp, equipment to improve accessibility and a new hot water system. The facilities are used on a daily basis, and has been a 'relief' to many.

- People passing through the village, not least the delivery drivers, are so grateful that they aren't caught short in fields any more.
- Dog walkers meet up in the square and were 'relieved' to be able to access the facilities.
- It can be a long walk through the village, and knowing there is a 'comfort' stop available gives people confidence.
- And finally, the lady who had a toddler covered in chocolate, was so grateful of warm water before a family visit.

People say that the willingness by Northlew to provide this amenity is a reflection on the village's attitude and shows what a friendly place we are. All of them say thank you to us as a village and in particular to the hard-working volunteers on our Parish Council.

Thank you from all of them.
Maggie Milledge

Editors note: I am sure we would all also want to say a big thank you to Maggie for her work in keeping the facilities in pristine condition!





And a heart-felt thank you to all the volunteers who, in various areas, keep the village looking prim and proper, facilitate and care for the various activities and premises, support those with health issues, donate their expertise and experience, and generally keep us all in good cheer.

A quick scroll through Facebook and we note that Louise Fewings and daughter, Angela Baines, Victor and Luisa's visiting grandchildren, and many others have been involved in litter picking and tidying. We can't thank you enough. Equal thanks to the dog walkers who make good use of the 'poop bins'

I can wear my t-shirt!

And last but not least, Celia Miners writes, "Gone is the snacking and the 'eat me happy' lifestyle, and I'm really enjoying following an exercise programme. Another benefit is that having had this t-shirt in the drawer since 2022, I can now wear it!! Whoop-whoop patting my own back!

Celia is also busy fundraising for the **British Heart Foundation**. She has entered the April STRONG WOMAN challenge. Check out her Facebook or follow the QR code and see if you can help her reach her goal.

SAVE THE DATE and get preparing for the Northlew and Ashbury Produce Show.

6th September 2025. Northlew Victory Hall. 1.30pm – 3.30pm

The details of the show and the schedule of classes will be advertised shortly. Hard copies and entry forms will be delivered to as many houses as possible. With spares put into the Church Rooms, Green Dragon, 50/50 club and Victory Hall. The key dates for entries are the show itself, 6th September. Entry forms need to be handed in by Wednesday 3rd September.

Each year the Produce and Craft show is getting bigger and better – Thank you all that enter, support the entrants and take part on the day. If you would like to join the group organising this. Or help setting up please phone Maggie 07825700277

In addition, we are running a **Sunflower Competition in aid of Force Cancer Charity.**

The competition will be for the tallest sunflower grown and the heaviest flowerhead. The specialist seeds will be in packets, sourced by the committee for their giant sunflower heads and extra tall sunflowers. The competition is open to both children and adults.

The seeds will be sold in packets of 6 for £1 per pack. They will be ready for sale on the 24th March, and will be available from the Northlew market and the Church rooms. An honestly box for the money will be next to the packets.

An expert sunflower grower has told us that they need a long growing time, so get the seeds in as soon as you can. Once grown the sunflowers will be entered into the show on the same entry form as other classes. The entry fee of 50p will also be added to the charity donation.

Unfortunately, many of us villagers have been in a position that they need to have support with our cancer diagnosis and treatment. At this difficult time the **Force Cancer Charity** steps in and helps in so many ways, providing free support and information to anyone affected by cancer both in Exeter and at Okehampton community hospital. They offer counselling, group sessions, complementary therapies, benefits advice, specialist physiotherapy and exercise guidance and other health and wellbeing support.

[Photo: Kent Banes on Unsplash]



55,000 New Trees

Coronation Woodland Update

As announced in the Autumn 2024 Northlew News, and following public consultation at the Victory Hall last October, work in now well underway to plant 55,000 trees across 29.8 hectares of land in East Worth, roughly one mile north of the village.

Forestry England reports that the planting is well underway and should soon be completed.

“Planting includes a diverse mix of broadleaf species, such as sessile oak, hornbeam, and small-leaved lime, alongside conifer species, such as Scots pine, western red cedar, and Sitka spruce,” states, Becky Morris, Marketing and Communications Officer for the Forestry England’s West of England District.

She explains that the species mix is intended to help protect the new woodland against future climate conditions, pests, and diseases. It will also support biodiversity and to provide timber products.

To protect the young saplings, a deer fence has been erected around the entire planting. While there is currently no public access, and some signs in places warning of pesticide spraying, a timber stacking and lorry turning area has been created for future operational use.



55,000 to hand-plant



Planting Progress



A protective deer fence

Once completed, the team will keep an eye on competing vegetation to ensure that the new trees can establish themselves. They will also monitor tree health and survival. If needed they can then take remedial action during next winter's planting season.

Increasing the amount of woodland between Cookworthy and Abbeyford woods should also benefit local wildlife. Who knows, our future winter starling murmurations may choose this as an additional new home for their nighttime roost. I'm sure our wildlife experts will keep you posted.



An arial view of part of the planting area.

Peartree Cottage

Howards Gorhuish, Northlew, Okehampton, Devon, EX20 3BT



Peartree Cottage, a charming two-bedroom self-catering holiday home standing in the 2 acre grounds of Howards Gorhuish, 2 miles from Northlew. Howards Gorhuish was a former dairy farm (the original farmhouse built in the late 17th century) and Peartree Cottage was the cowshed converted in the 1990s. The Cottage has undergone a complete refurbishment but retains its old world charm with character features such as oak beams and a wood burning stove. It is warm and cosy (with central heating for the colder months) and is comfortably furnished.

Accommodation: Sleeps 4 plus one infant (travel cot provided). Fully equipped kitchen/diner with electric oven, hob & grill, fridge, deep freezer, microwave, dishwasher and all the essentials. Triple-aspect sitting room with 3 piece suite, occasional tables, bookcase, Freeview tv, etc., & features a stone inglenook fireplace with wood burning stove and French doors leading out to the cottage's private patio & garden. Entrance hall and stairs to upper landing leading to two spacious double bedrooms each with its own en suite. Both bedrooms are double-aspect with lovely views across the gardens , meadow and beyond.

Garden features private patio and steps leading up to a secluded lawned area with feature shrubs. Garden furniture & Barbecue. Garden leading to wild flower meadow with summer house and a small shady copse. Dog friendly!

For further information: Website: http://www.peartreecottagedevon.com
Contact: Keith & Jackie Ellis Tel: 01837 658750 or Email: jackie.ann.ellis@btinternet.com

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Expanding our hearts for the summer

Vulnerability doesn't mean telling others what happened to us from across a cafe table or from behind a microphone and then going home from the experience, feeling just as alone as you did before.

Vulnerability means allowing your human heart blanket to get sewn to other heart blankets. It's about connection.



We don't share for status,
we do it for synergy.
We don't confess for clout,
we do it to build community.
We tell our tale
to invite others,
to tell theirs,
it's the sacred cycle...



...of storytelling.
We gather in a circle of trust and
say “here is my journey”,
then we listen to
the other journeys
that are shared.
We take space
then we give space.
We pour
then we absorb.
We speak
then we listen.
We are storytellers,
then we are witnesses.
Vulnerability isn’t just about
grave digging in our past
to expose our skeletons,
it’s about sewing quilts.
Here is my patch.
Here is your patch.
Here is their patch.
Here is us.
Here is our story.

Poem by John “patchwork heart” Roedel.
https://www.johnroedel.com/
Patchwork blanket created by Northlew Needles.



Northlew Baby and Toddler Group

Wednesday mornings 10 – 12

(Term time)

In the Village Hall

£2 per child snack included

Tea and coffee for adults

For more info find us on Facebook

Northlew Toddler Group, Devon



Harvest Workers Co-op

Ever since the sad closing of our Northlew Community shop we have become increasingly grateful for our weekly visits of the Harvest Workers Co-op mobile shop selling delicious organic produce each Friday mornings between 10.45 and 11.45. Jo is the most regular face we see each Friday and agreed to tell us more:

Harvest Workers' Co-op is a not for profit workers co-operative and social enterprise made up of local farmers, educators, and storytellers. We grow and source sustainable organic food for our little farm shop in Red Lion Yard in Okehampton, local markets and on our mobile shop.

We minimise waste, use green energy, and support local growers who encourage biodiversity for the future. We create opportunities for our community to explore all things food and farming and to celebrate good mood food including organic vegetables, fruit, sourdough bread, Taw River Milk, butter, cheese, eggs, honey and organic dry and loose goods.

Martin and Sara are part of the Harvest Workers Co-op run Hilltown Organics on the Northlew Road. They are very passionate about agroecology and working the land in harmony with natural systems and use a 'no dig' policy to care for good soil health.

Jo and Kevin, who are also part of the co-op, and the people you often see on the mobile shop, also run educational visits, family workshops and open days on a farm just outside of Exeter and at the Eco Hub in Okehampton. They have worked doing food related community engagement for over 30 years.

We would love to do some food/growing community workshops in Northlew in the future. Kevin already made a start visiting the school a couple of years ago to do apple pressing with the children.

Currently the mobile shop is not covering all its costs but we want to continue and very much value being part of the Northlew community. Huge thanks to all our loyal customers.

Now a request! We are wondering if anyone would be willing to be a community volunteer helping us spread the word about the mobile shop, finding out what local people need, maybe taking boxes to elderly residents, helping us to be part of local events and carry out our community food related events with us -- or even do some fundraising to enable us to do more of these. If you think you can help in any way then do get in touch with us.

We look forward to seeing you on the mobile shop each Friday. Contact us on jo@harvestworkerscoop.org.uk or in the Okehampton shop on 01837 318050



Friday 4th April 2025

Bratton Clovelly Parish Hall

Doors open at 17.30 • Eyes down 18.00



1 & 2 LINES WIN AN EASTER EGG •
FULL HOUSE WINS A ROAST DINNER •
CASH FLYER AND CHILDRENS FLYER •

- **Tea, coffee, cake and raffle tickets for sale**
- **Accompanied children very welcome**

Event organised by the Friends of Boasley Cross School (FOBCS), raising money for Boasley Cross Primary School. Adults must stay during event and remain responsible for their own children throughout the event.

Working with... BOASLEY CROSS PRIMARY SCHOOL

F O B C S

Friends of Boasley Cross School

fobsfundraising1@gmail.com Charity number: 1125936


**. SPECIAL OFFER. ** SPECIAL OFFER **
Have you ever tried Reiki before? This beautiful relaxing treatment can help with Insomnia, Migraines, Fibromyalgia, bad backs, cramps, aches and pains and so much more.
Or do you just want to spend a peaceful hour taking time for you, letting yourself totally relax.
I am offering a special offer of £30 for an hour session.
I have a beautiful Reiki Lodge near Northlew with plenty of parking.
Call or text me, Nicky, on 0789 459 4019 .
I look forward to hearing from you xx

Quiz Time: *Spring into action.*

Created by Ian Richards. *Answers on page 20.*

Please help me with the answers to this Spring Quiz!

1 Complete the well known phrase “Spring forwards _ _ _ _ _ _ _ _ _ _”

2 Daffodils are traditionally looked at as Spring flowers but what month will you find them first flowering around Northlew?

3 On what trees will you find catkins?

4 When did Daylight Saving Time first appear in the UK?

5 In which country do cherry blossom trees signify the beginning of Spring?

6 Who is the Greek Goddess of spring and Nature?

7 In which country did the Easter Bunny tradition start?

8 What carnival celebration takes place between Three Kings Day and Ash Wednesday?

9 What is the gestation period of a ewe?

10 Is it more likely to snow in December or March in the UK?

And yet more gratitude…

What fantastic support for the 12 hour marathon darts tournament on 22 February.

Prostate Cancer UK have sent a letter of thanks to Dan and Karla, and all at the Green Dragon for the £866.00 raised by the event.

The donation helps support life-saving research, helps raise awareness so that more men get diagnosed earlier, and backing support for specialist nurses who help with support and advice for those affected.



Don’t forget the regular quiz and curry nights at the Green Dragon.
Plus food specials that include:

- the Wednesday lunchtime meal deal,
- Wednesday night pizza,
- and Friday night Fish and Chips. .





Love them or loathe them, wasps are a fascinating and hardworking species that hold some surprising secrets that I am sure many of us are not aware of.

What do wasps eat?

Wasps love anything sugary, so beware the next time you're enjoying a cream tea, ice cream, or cold cider! Adult wasps don't need much protein (the bugs they prey on are for the developing their brood in the nest), but they do need sugar, which they get as nectar from flowers and as a sugary spit from the developing larva. This makes them important pollinators as they move from flower to flower

What is the most common wasp species found in the UK?

The most commonly found wasp in the UK is the yellowjacket (Vespula vulgaris), the black and stripy species you often find yourself swatting away. The reputation of the yellowjacket for stinging has given a bad name to at least another 200,000 species of wasps around the world who are completely harmless. Indeed, wasps are second only to beetles in terms of species numbers, and there are thought to be at least 100,000 more waiting to be discovered.

Social wasps (that includes our stripy friend) represent less than 1% of the total wasp species in the world. And most aren't yellow and stripy or fond of picnics.

Wasps have a single queen who produces 6,000 to 10,000 workers. They make football-sized nests on the ground or on roofs and trees.

How do wasps help wildlife?

As predators, they're at the top of the food chain, and without them, food webs would break down. They help to keep other invertebrate populations, such as spiders, woodlice and other insects in check.

They're also generalists: wasps will feed on whatever is around. They eat the most abundant pests we try to control with toxic chemicals – there'd be many more aphids in your garden without wasps. A single colony is thought to remove between 0.16-23kg of prey per season. Using a modest estimate, that amounts to about 250,000 aphids from each colony.

How do wasps reproduce?

Wasps have a fascinating social life. A yellowjacket colony is much like a honeybee, with a queen supported by a community of workers. It sounds harmonious, but look closer, and you'll see that's far from the truth.
The lives of social wasps revolve around gene-sharing (or relatedness). Worker wasps are 'self-sacrificers', they have evolved to work rather than reproduce because their genes are passed on through the brood they help rear (their siblings).

But this social contract is only a good deal if their mother is singly mated. Queen wasps only have one mating flight in their lives, but during that time, some species mate with several males: they store the sperm in their abdomen and control its release to fertilise the eggs they lay throughout their lives.

Multiple mating means the queen dilutes the relatedness of the workers in her brood and workers end up rearing a mix of half- and full-siblings, which can break the social contract of the colony. In these cases, workers can do better individually if they lay their own eggs.

And this is when things get messy: sneaky egg laying by workers can cause a colony's cohesion to break down, creating internal battles among the workers. They may be bloodless battles, but they're fought by ruthless means. Workers that detect another worker's eggs will eat them before they hatch.

But aren't we taught in schools that only queens lay eggs? In fact, workers in almost all colonies can lay eggs, including bees and ants. Because of a genetic quirk, females hatch from fertilised eggs and males from unfertilised eggs. Therefore, male worker wasps have lost the ability to mate but can still lay male (unfertilised) eggs.

How can wasps help humans?

There are other reasons to admire wasps. For one thing, they may be indirectly responsible for the invention of paper. Around 2,000 years ago, a Chinese eunuch called Cai Lun noticed a wasp building a paper nest in his garden. Inspired by what he saw, he started to mulch wood and, with it, made the first paper. If the story is true, we may have wasps to thank for much of our rich cultural history and development.

Fast forward to today where exciting research is looking into the potential use of wasp venom as a cancer therapy. An active peptide found in the venom of tropical social wasps selectively destroys cancerous cells by causing their membranes to leak. Wasps may have the potential to save human lives.



Life cycle of wasps

The queen wasp emerges from hibernation
A single-mated queen emerges from winter hibernation in the early spring. Her workers build a nest in a cavity in the ground or a tree, and only after the nest is fully established will she build each cell and lay an egg in it.

Her offspring emerge
After about 30 days, her first offspring – the workers – emerge as adults. They're all female at this point. The workers take over the foraging, brood care, and nest building and maintenance duties; the queen becomes a stay-at-home egg-laying machine.

Larvae hatch

After a few days, carnivorous larvae will hatch from the newest eggs. The adult workers bring insects back to the nest to feed the hungry larvae and, in return, receive a sugary liquid. The larvae grow over a couple of weeks before they spin their pupal cap and pupate.

The colony grows

The colony will grow over the next couple of months, possibly including thousands of wasps, depending on the species. Once the colony is big enough, the queen will switch to laying a sexual brood: these are males and sexual females capable of becoming next year's queens.



Wasps mature and leave the nest

When the sexual brood emerges, they leave the nest to mate and find somewhere to hibernate over the winter (lofts are a popular choice). After this point, the nest has served its purpose, but the workers are still alive with no brood to feed – this is when they start to bother you.

Why do wasps sting in autumn?

Wasps tend to be at their most irritating in October – but why? The answer lies in the unusual ecology and bizarre anatomy of social wasps. In the spring, queen wasps wake from hibernation and start to build their nest, laying eggs and raising their first brood of daughters. These worker wasps cannot produce fertilised eggs, so spend their time helping their mother expand the nest and raise more young.

One of their main jobs is searching for soft-bodied invertebrates to feed the developing larvae. Bizarrely, adult wasps cannot digest the food they catch because their gut is so constricted by their thin "wasp waists". Instead, the workers chew the prey and feed it to the larvae. In return, the larvae produce a sugar-rich spit that the workers can drink.

Social wasps only really become a nuisance in late summer. At this time, there are no larvae left to feed, so instead of hunting for prey, the workers turn their attention to sugar (nectar and your picnic). Wasps sting to defend themselves – this is an evolved strategy to combat vertebrate predators at the nest: swatting at them may make things worse. Some wasps' stings trigger the release of an alarm pheromone that attracts more wasps. To minimise the nuisance, try to isolate the first wasp by trapping her under a glass, but don't forget to release her at the end of your picnic.

Could wasps provide an alternative to meat?

Wasp larvae are a sustainable alternative to meat. Over 2 billion people in 80% of the world's countries feast on insect protein daily. Wasps represent about 4% of the insect species consumed and are the most common edible insects on sale in rural China. In fact, a new cottage industry of wasp harvesting in 'Vesparies' is springing up in Japan.

Hopefully, you can now see that wasps are not just pests trying to eat your ice cream. Loving them is maybe a big ask but try to give them space to live out their lives. They do far more good than the risk of the odd sting.

[Photo credits: Colin Davis, Enrique Vidal Flores & James Wainscoat on UnSplash.]

Quiz Answers from page 23

1. Fall Back. Using the American word for Autumn to help us remember which direction the clocks change.

2. December – there is a little sheltered place every year where they first appear.

3. Bit of a trick question – 17 different trees from Alder, Poplar, Oak, Birch etc. etc. Which ones did you choose?

4. 1916

5. Japan

Photo by Masaaki Komori on Unsplash

6. Persephone

7. Germany

8. Mardi Gras

9. 5 months

10. March



God initially planned to use wasps to pollinate flowers.
But in the end, he went with plan Bee.



SeaMoor Lotto

SeaMoor Lotto was created in 2018 by West Devon Borough Council. Set up to support community projects in the local area, SeaMoor Lotto operates on the principle of raising money within the community for the community.
We empower local good causes to raise money in a fun and effective way. A ticket for SeaMoor Lotto costs £1 a week and 60p will go directly to good causes! Northlew Parish Council are a registered good cause with SeaMoor Lotto, so you can raise funds for the parish council, and potentially win something for yourself. Google SeaMoor Lotto, it's really simple to join!

www.seamoorlotto.co.uk

This is how the lottery works for you

SeaMoor Lotto is an exciting weekly lottery that raises money for good causes in South Hams and West Devon. All good causes supported by the lottery will benefit South Hams and West Devon and its residents.

Play the lottery, support South Hams and West Devon - it's that simple!

How tickets work?

Tickets for the lottery cost just £1 per week, with a top prize of £25,000!

About the draws

A weekly draw takes place every Saturday night. Match all 6 numbers and you win the JACKPOT!

See our prizes

Raising money for your cause

From every £1 ticket you buy, 60p will go to local good causes in South Hams and West Devon and improving our community.



Ash fungal ‘die-back’ infection has meant the sad loss of a beautiful tree. Thankfully two of its most regular users, greater spotted woodpeckers and treecreepers, continue to regard our garden as their territory. The only grumpy visitor has been our resident male pheasant, upset that a new greenhouse means its favourite pastime of sneaking in to remove seed labels is over. Its mate nesting in a nearby flowerbed was discovered last year hissing at my wife when she stepped too close. Sadly, the egg clutch was poached by the local fox.

We love watching the song-thrushes using stone anvils to open their favourite snails – scattering broken multi-colour patterned shells. The discovery by naturalists in the 1950’s still seems to hold true – discarded shells are mostly yellow in winter when leaves still cover the ground, and pink/brown in summer against green backgrounds. The early freeze brought insect-foraging visits from two thrush family members - redwings and fieldfares and saw increased skirmishes between our six robins – each determined to claim unfair portions of the food put out for them.

Our tawny owls have returned – one calling noisily each night just outside the bedroom window, while high-pitched squeaks from our replanted Christmas tree tell us goldcrests are foraging for hidden bugs again.

The recent frog chorus from around the pond heralds spring is underway. Despite late hard frosts some of their premature winter spawning has survived so we should soon see myriads of froglets, toad and newt tadpoles appear.

Wood scrapings on the outhouse doors and lintels also show that sufficient hornets and wasps survived winter too. European hornets resembling miniature chinooks have already started investigating potential hangar sites in the conservatory. And even our solitary hedgehog recently surfaced from under the trough leaving tell-tale signs of evening forages through the flower beds. Hedgerow spindle trees have started to grow their small, toothed leaves and pink flower buds. Although poisonous to humans, their later orange-red fruit will later provide valuable pickings for mice, birds and even foxes. Despite its toxic nature, spindle was once used to make knitting needles, skewers, and toothpicks – explaining why Sleeping Beauty fell asleep after pricking her finger on such a spinning tool. Its blossoms were once considered a warning for plague.

With increasingly warmer days a favourite overwintering insect – the lacewing - is now heading outdoors. Up close, their bright green bodies, yellow metallic eyes and delicate, transparent wings are quite stunning. Voracious devouring of aphids make them a gardener’s true friend. Watch their gymnastic take-off technique – flipping into the air backwards before taking flight.
Country Mouse

Tania's Tarts presents a tasty option for Easter: Egg Pie.



Ingredients

2 Puff pastry rolls
16oz (500g) ricotta cheese
4 Tbsp olive oil
7 medium size eggs
1/2 cup (50g) parmesan cheese, grated
1 medium onion, minced
1 1/2 tsp sea salt
1/4 tsp nutmeg
2 garlic cloves, minced.

Method

1. Preheat the oven to 400F (200C)
2. Using a large skillet, add the olive ole, garlic and onion. Cook at medium/high heat for 4 minutes until golden.
3. Add the spinach, a bit at a time. Using tongs, stir the spinach so that they will reduce their volume so that you can then add more.
4. Cook for 4 minutes until the spinach is nice and tender. Turn the heat off and allow to cool.
5. Squeeze any extra liquid from the spinach and transfer into a large bowl. Roughly chop the spinach using scissors.
6. Add the ricotta cheese, 2 eggs, parmesan cheese, sea salt and nutmeg. Mix well and set aside.
7. Grease a 10 inch springform pan with some cooking oil. Cover the bottom and the side of the pan with the first roll of puff pastry. Trim out the extras and poke the bottom with a fork.
8. Fill with the spinach and ricotta mix. Spread evenly.
9. Using a tablespoon, create 4 holes, each one deep enough to contain an egg.
10. Add a raw egg in each of the 4 holes.
11. Gently cover the pie with the second roll of puff pastry. Trim the extras. Use your fingers to twist down the edges to seal the pie.
12. Make an incision in the centre of the top pastry with a knife to release the steam while baking.
13. Cut out some decorations from the puff pastry scraps using a cookie cutter.
14. Brush the surface of the pie with 1 egg.
15. Bake in a preheated over at 400F (200C) for 45 minutes. Remove from the oven. Allow the pie to cool for 10 minutes, then enjoy!

Eating out in town

Luisa Hulbert



Wanting something different when eating out in town? We recently discovered Clockwork Kitty in the Victorian Arcade. While it is only open Thursday, Friday and Saturday 11 - 5, the varied and eclectic menu, the unusual variety of beverages, and the friendly atmosphere makes it a great place for a snack or a a more substantial meal. We both love the slightly spicy home made soups and stews along with the international flavours of the cuisine. Victor loved it so much that he even wrote blog about it: https://hulbert.org.uk/okehamptons-quirkiest-cafe. It seems likely we may become regular customers!

[Editors note: If you have a favourite eatery, why not tell us about it? Email northlewnews@hulbert.org.uk.]

Information pages

Your Parish Council

Your Councillors are here to help and always welcome your support and comments. Contact details as follows	
Mark Rundle: Chair	mrundle@northlewparishcouncil.org.uk
Celia Miners:	cminers@northlewparishcouncil.org.uk
Andrew Alger	aalger@northlewparishcouncil.org.uk
Bryan Dufty	bdufty@northlewparishcouncil.org.uk
Shaun Millership	smillership@northlewparishcouncil.org.uk
Dave Kent	dkent@northlewparishcouncil.org.uk
Siobhan Williams	swilliams@northlewparishcouncil.org.uk
Rob Woolley	rwoolley@northlewparishcouncil.org.uk

Visit our website, http://www.northlewparishcouncil.org.uk, to discover:

- Details on how to contact your Borough and County Councillors and Member of Parliament.
- Minutes of previous council meetings and agenda for the next meeting.
- news, local information and a memory page.

Parish Council Meetings are usually held at 7.30 pm on the third Monday of each month in the back room of the Victory Hall. **The agenda** is published on the website at least 3 days prior to the meeting. At 7.30pm prior to the start of the formal meeting, there is a public session (if required) which, at the Chair's discretion may last up to 15 minutes to enable members of the public to ask questions of and make comment to the Council. We request that notice of intent to ask questions/make comment be made to the clerk by the Friday prior to the date of the meeting. Questions not answered at this meeting will be answered in writing to the person asking the question or may appear as an agenda items for the appropriate parish council or committee meeting. Members of the public are asked to restrict their comments and/or questions to three minutes. This section is not part of the formal meeting of the Council. Any member of the parish can attend the formal part of the meeting but may not contribute to it unless specifically invited by the chair.

Please contact our clerk Johannah Shaw, for further information, for comments or suggestions on the website, or if you would like to raise a topic at the public session of the Parish Council Meeting. Johannah should be contacted at: clerk@northlewparishcouncil.org.uk.

Community Contacts

Medical	
Blake House Surgery, Black Torrington	01409 231628
Derriford Hospital	01752 202082
Royal Devon and Exeter Hospital	01392 411611
MyDentist, Okehampton	01837 52853
NHS Direct	111
Okehampton Boots (Mon-Sat 9-5.30)	01837 543220
Okehampton Community Hospital	01837 658000
PharmaDerma Pharmacy, Okehampton (Mon-Friday 9-6.30. Sat 9-5.30)	01837 847663
Okehampton Medical Centre	01837 52233
Vets	
Okeford Vets	01837 52148
North Park Veterinary Group	01837 658777
Other	
Police	101 (non-emergencies) 0845 277 7444 (enquiry office)
Samaritans (24 hours)	116 123
Reporting a Power Cut	105
Floodline	0345 988 1188
Citizens Advice Bureau	0344 411 444
West Devon Borough Council	01822 813600
Devon County Council	0345 155 1015

Your Magazine needs you!

Northlew News is published three times per year in Spring, Autumn and Winter. It is YOUR magazine so the content is up to you!

- **Advertise!** This space could be promoting your local business to our 'in print' and wider online community. Email clerk@northlewparishcouncil.org.uk for details and rates.
- **Volunteer writers.** Got a bit of Northlew history to tell? Want to share the stories of some of our long-time residents? Got a craft or skill you want to talk about? Good at interviewing? Contact the editor, Victor Hulbert, at Northlewnews@hulbert.org.uk to see how you can help.
- **Have some poetry, artwork or an important coming event?** Let us know. Your contributions are always welcomed.

Sports and Recreation

Please note that this may not be a complete guide and may be subject to change. For further information please contact event organisers.

- BADMINTON — held at the Victory Hall on Tuesday and Wednesday at 5-7pm.Contact Chris Baines for more information on 07917 795072 or email chrisbaines63@btinternet.com

- NORTHLEW NEEDLES - held every 2nd and 4th Wednesday of the month in the Methodist chapel hall from 2pm until 4pm. Bring your crafting - be it knitting, crochet, sewing or anything else you fancy - and join us for a cuppa and a chat. £2 per session, refreshments included. Contact Julie Phillips on 01409 220088 for more information.

- NORTHLEW AMATEUR DRAMATIC SOCIETY (NADS) –We have welcomed a few new members but need more volunteers both to perform and to help with costumes, painting, set and programme design, curtain pulling…….oh and not forgetting prompting (probably a big part!) We meet most Monday evenings before our next production so please feel free to come along. Just call us to confirm. Send an email to Lyn Taylor, Chair, 07971 609115 lyntaylor11@live.co.uk, or Martin Perry, Secretary 01409 221376 martinperry.northlew@gmail.com.

- NORTHLEW AND ASHBURY SNOOKER CLUB—this is an active and thriving facility with two full size tables and has a team in the Okehampton League. We welcome new members of all levels of play for a small membership fee. However, have a free go before joining, just contact David on 07977 789734 or david@grindhill.co.uk.

- NORTHLEW CHILDREN'S GROUP–held on Wednesdays, 10am-12pm at the Victory Hall–Contact Jo Drydenvia on Facebook or 07789282990.

- NORTHLEW SILVER BAND—Devon's only Village Silver Band over 100 years sold. For more information please contact: Tim Williams 01409 221754 or Martin Perry 01409 221376.

- PLAYGROUP FOR GROWNUPS - come to the Methodist Chapel on the 1st and 3rd Tuesday of the month from 2 to 4pm for games, refreshments and laughter. All for £1.50. Local transport available. For more information please call Chris on 01409 221797.

- SHORT MAT BOWLS - every Thursday, 2- 4pm at the Victory Hall. For more information call Mike on 01409 220320, Norman on 01409 221518 or Lin Miller 01409 221164.

- SKITTLES — Tuesday 7.30-10pm at the Victory Hall. Contact Mark Turley 07958764143.

- WALKING GROUP including nature walks are organised periodically throughout the year. Please contact Chris Baines, 07917 795072 or chrisbaines63@btinternet.com for more information.

Northlew Rainfall 2024

Believe it or not, Bryan Dufty reports that we actually had slightly less rain last year than in 2023. Last year saw 1410mm (55.5 inches) compared to 1505mm in 2023. That is still less than the 1637mm in 2020. Mr Dufty has been keeping rainfall records on Stony Farm for the past 45 years. The highest rainfall was 1715mm in 1986 while the lowest was 1045mm exactly one decade later.

Thankfully Northlew does also give lovely sunshine between the rain and gales, the mixture giving us our 'green and pleasant land'. I guess the motto is, 'Give thanks in everything'!

Bus timetable

Timetable complied from the MD buses and Tor and Torridge buses websites and is up-to-date as of April 2024.
www.mdcoaches.co.uk
www.tawandtorridge.co.uk/Service-Routes



For Okehampton to Exeter Train times please visit https://dartmoorline.com

NORTHLEW - BIDEFORD Via Shebbear 642

Monday only (Except Public Holidays)

NORTHLEW, Square	**0915**
HIGHAMPTON	0925
SHEEPWASH, Square	**0930**
BLACK TORRINGTON, Black River Inn	0935
BRANDIS CORNER	0940
BRADFORD, Lana Cross	0945
DIPPER MILL	0950
SHEBBEAR, Square	**1000**
CAUTE, Phone Box	1006
ROWDEN FARM	1011
STIBB CROSS	1015
LANDCROSS, Chapel	1028
BIDEFORD, The Quay	**1035**

BIDEFORD, The Quay Stop A	**1330**
LANDCROSS, Chapel	1337
STIBB CROSS	1350
ROWDEN FARM	1354
CAUTE, Phone Box	1359
SHEBBEAR, Square	**1405**
DIPPER MILL	1415
BRADFORD, Lana Cross	1420
BRANDIS CORNER	1425
BLACK TORRINGTON, Black River Inn	1430
SHEEPWASH, Square	**1435**
HIGHAMPTON	1440
NORTHLEW, Square	**1450**

NORTHLEW - OKEHAMPTON Via Germansweek & Bratton Clovelly 633

Monday only (Except Public Holidays)

NORTHLEW Square	**0930**
GERMANSWEEK War Memorial	0945
BRATTON CLOVELLY Clovelly Inn	1000
BOASLEY CROSS School	1010
OKEHAMPTON Market Street	**1025**

OKEHAMPTON Market Street	**1230**
BOASLEY CROSS School	1245
BRATTON CLOVELLY Clovelly Inn	1255
GERMANSWEEK War Memorial	1310
NORTHLEW Square	**1325**

NORTHLEW - HOLSWORTHY Via Sheepwash Taw & Torridge 639

Wednesday only (Except Public Holidays)

NORTHLEW Square	**0925**
HATHERLEIGH Market Square	**0940**
HATHERLEIGH Moor View	0942
HIGHAMPTON	0946
SHEEPWASH Square	**0952**
BLACK TORRINGTON Black River Inn	1000
BRANDIS CORNER	1006
BRADFORD Lana Cross	1015
HOLEMOOR CROSS	1016
COOKBURY Church	1022
ANVIL Corner	1030
HOLSWORTHY Manor Car Park	**1035**

HOLSWORTHY Manor Car Park	**1335**
ANVIL Corner	1340
COOKBURY Church	1348
HOLEMOOR CROSS	1354
BRADFORD Lana Cross	1355
BRANDIS CORNER	1404
BLACK TORRINGTON Black River Inn	1410
SHEEPWASH Square	**1418**
HIGHAMPTON	1424
HATHERLEIGH Moor View	1428
HATHERLEIGH Market Car Park	**1430**
NORTHLEW Square	**1445**

This service is financially supported by Devon County Council

NORTHLEW - HATHERLEIGH - OKEHAMPTON 630
NORTHLEW - OKEHAMPTON via Sheepwash 631

Thursday and Saturday only (Except Public Holidays)

	630 Th	631 S
NORTHLEW Square	**0945**	**0945**
SHEEPWASH Square	-	1000
HIGHAMPTON	-	1005
HATHERLEIGH Moor View	-	1010
EXBOURNE Red Lion	-	1020
SAMPFORD COURTENAY New Inn	-	1026
SAMPFORD COURTENAY Station	-	1030
HATHERLEIGH Moor View	1000	-
INWARDLEIGH Memorial	1010	-
OKEHAMPTON Market Street	**1025**	**1037**

	630 Th	631 S
OKEHAMPTON Market Street	**1245**	**1245**
FOLLY GATE Crossways Inn	1250	-
INWARDLEIGH Memorial	1255R	-
SAMPFORD COURTENAY Station	-	1252
SAMPFORD COURTENAY New Inn	-	1256
EXBOURNE Red Lion	-	1302
HATHERLEIGH Moor View	-	1312
HIGHAMPTON	-	1317
SHEEPWASH Square	-	1322
NORTHLEW Square	**1305**	**1337**
HATHERLEIGH Moor View	1320	-

CODE: Th - THURSDAY ONLY

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- menus
- labels
- laminating

NCR & invoices

- books
- pads
- sets

events & advertising

- flyers & leaflets
- posters
- orders of service
- invitations
- draw tickets
- banners
- signs

books & circulars

- magazines
- stapled booklets
- perfect bound
- spiral bound
- newsletters
- mailouts
- binding

artists

- prints
- greetings cards
- calendars

large format

- posters
- plans
- scanning

shop

- stationery
- paper
- ink cartridges
- letterboxing supplies