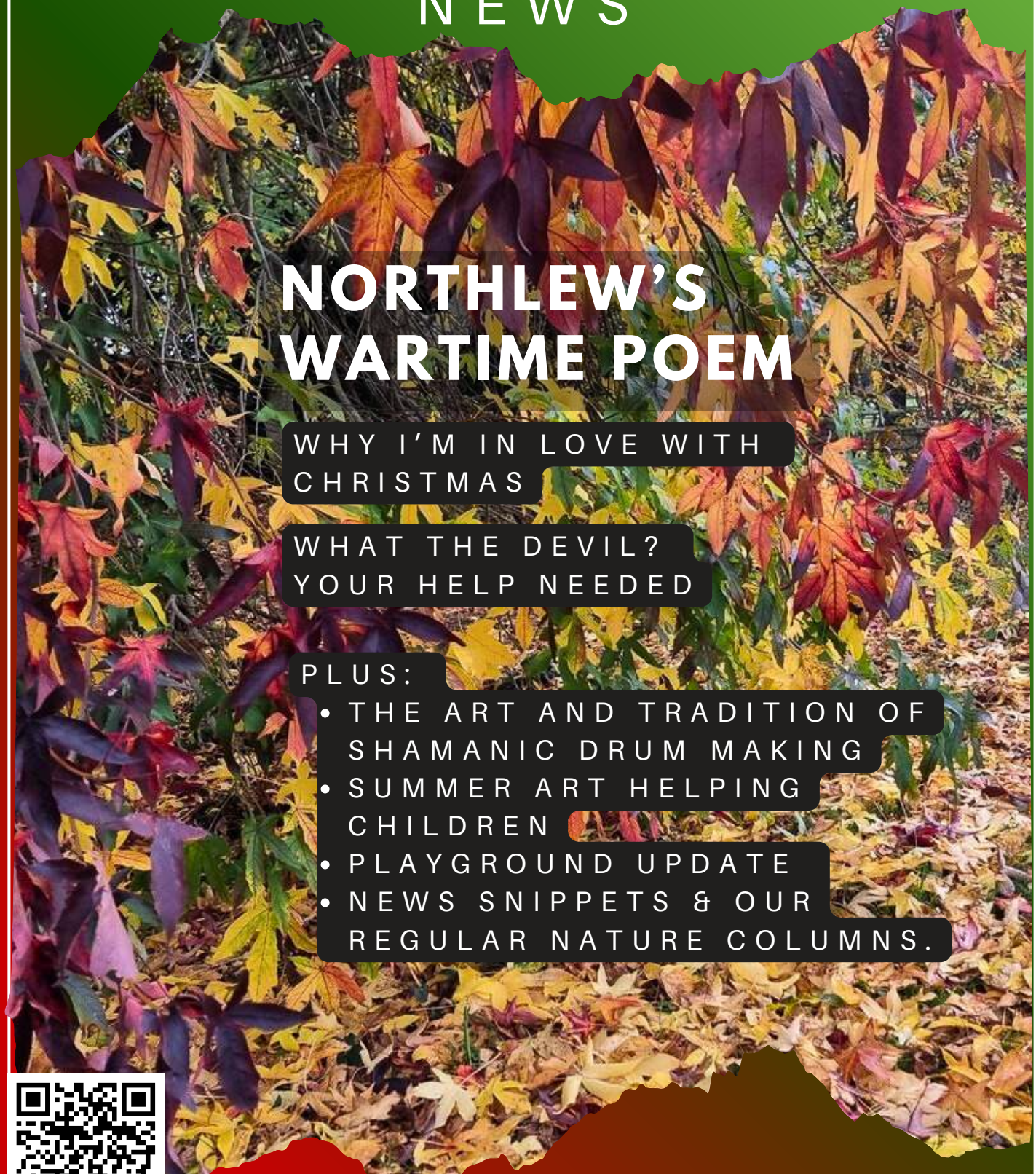
Winter 2025

NORTHLEW NEWS



NORTHLEW'S WARTIME POEM

WHY I'M IN LOVE WITH CHRISTMAS

WHAT THE DEVIL? YOUR HELP NEEDED

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- THE ART AND TRADITION OF SHAMANIC DRUM MAKING
- SUMMER ART HELPING CHILDREN
- PLAYGROUND UPDATE
- NEWS SNIPPETS & OUR REGULAR NATURE COLUMNS.

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Gordon & Rosemary Lethbridge



FROM THE EDITOR

My 6th form class in 1975. Can you spot me plus two new village residents?



Victor Hulbert

Back in 1969 my parents moved to Plymouth. I was a shy boy who had been attending a very small Junior School. Suddenly I found myself in a very large comprehensive. I did not settle well. As a result, my parents decided to send me up-country to Stanborough Secondary School in Watford, a Christian school with a section for boarders.

That became my term-time home from Form 2 (now called year 8) right through until I completed my A-levels.

During those years I made friends with people from many different backgrounds – and some of those friendships have lasted for life, most recently via social media.

Imagine then my surprise when two classmates from fifty years ago, not only turned up on our doorstep for a coffee, but then bought a bungalow with a large garden on the very same road as us! Following me on social media they were attracted by my photos and reports of village life. It is good to reconnect face-to-face – and after just a couple of months in the village they tell me they feel right at home.

Connections are important. I love hearing the stories of those whose families have lived and farmed in Northlew for generations. Fascinating too, to hear the stories of more recent residents, most of whom tell me that they never plan to move from here. I can't blame them.

Community is important. My school friends gave me a sense of belonging and the roots I needed as my parents moved frequently due to dad's work.

I sense the same feeling here with the various community events, clubs and volunteer groups in the village – and even for those who no longer live in the village but avidly follow life here via the Facebook group and Northlew News.

We live in a world where many are 'uprooted', whether through work, family changes, war or natural catastrophes. Thus it brings me joy to learn of Polish Scouts that have camped on a local farm here almost every year since the end of World War II. They feel rooted.

Some in our village helped with an art group for displaced children this summer. Kids who love their own country but who currently cannot live there for fear of death. The art group made community real for them.

As I learnt reporting from refugee camps in Greece, Serbia, Italy, France and Germany, today's business person can easily become tomorrow's refugee as their families flee for their lives. They are forced to make impossible choices. But when they eventually settle elsewhere, they make a positive difference in their new communities.

As one Afghan 12-year-old living in Okehampton explained, "I don't consider myself a refugee. I love my country and one day hope to go home. But here I want to study, learn, and make a difference. She plans to be a doctor.

That is the welcome challenge for each of us: Accepting each other, contributing to our wonderful village and community, and making a difference.

Thank you for being part of it.

REV LEIGH WINSBURY AT ADVENT



Dear Nor'lewians,

My thanks again to Victor for inviting me to write a little something and for being patient with me along the way! And thanks to you for taking the moment to have a read.

By now we're well on our way towards Advent, the mysterious four weeks that very few people understand running up to Christmas. It is now a word mostly understood to be something about chocolate in little boxes, a far cry from its origins.

Advent literally means 'an arrival, particularly of a notable person or event'. In the case of the four weeks of December, it's a preparation for celebrating the arrival of Jesus.

We all know that getting ready for Christmas is a big job, and even after years of trying to simplify the thing it still seems to get harder each year. But what are we preparing for? A few days of over indulgence, only to then hit the gym and the diet in January?



Why not try something else entirely?

At a time when peace is a rare gift and so hard to find, why not consider making a full welcome to the Prince of Peace himself this year? There is an old saying; 'No God, no peace. Know God, know peace'.

There is something astonishing happening almost like an under-ground movement in this country right now. Yes, there's a lot of fear, political dissatisfaction, polarisation of opinion and mistrust of government and media, one could say, a whole pile of reasons to not be at peace. And yet, perhaps surprisingly, people are returning to a simple, straightforward faith in Jesus in numbers we've not seen in generations.*

They are finding that connection with God is giving what nothing else can; peace in the midst of the storm. Whether they be national and international political storms, or the personal struggles of life, the peace of Jesus, which surpasses all understanding, is stronger than all.

I believe there has not been a better time in my entire lifetime to be turning to Jesus. Maybe, as the lights on your tree shine out better on a winter's night, the light of Jesus is easier to spot against a backdrop of darkness. Either way, this is our time, our generation, our opportunity to shape the future. Will we welcome Jesus as our King this advent, or miss the moment?

Wishing you a peace-filled and blessed advent and Christmas, with love

Revd. Leigh.

*See: https://www.biblesociety.org.uk/research/quiet-revival



Why I'm in Love with Christmas

Rev Chris Jackson. Superintendent Minister
West Devon Circuit of the Methodist Church

I genuinely love Christmas. I admit it. I love Christmas carols and endless carol services and the buzz of the high street. I also appreciate that for some Christmas is a very difficult and lonely time. For others it can be a time not of celebration, but one of anxiety and looming debt.

There are people all over the world that do not recognise or celebrate Christmas at all. Ethnic, religious and social differences separate people from others in a myriad of ways.

Very contrasting feelings from many different people.

And yet…

The birth of Jesus over two thousand years ago was heralded by angels in heaven as 'good news of great joy for all the people'. This was revolutionary. Jesus' birth was not to limited to one set of people or believers of any specific ethnic group or religious affiliation, but "for all the people".

That statement by an angel is powerful indeed. Firstly it is GOOD NEWS… not something we are used to today… I watch the news with grave anticipation to be honest, I rarely expect or receive good news from our broadcasters. But this birth of a tiny baby was universal good news, and it was news of great joy, it was a birth to be celebrated by everyone, from humble shepherds, to wise men.

We read elsewhere that this baby was to be a Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace. So much in our world is transient, here today, gone tomorrow. Celebrities whose time in the limelight is both bright and short at the same time. And yet this baby is still being worshipped and followed over two thousand years after his birth.



The baby grew into the greatest teacher of life that we have ever seen. To follow the teachings of this divine teacher is to become truly and fully human. In a world of division and exclusivity, Jesus teaches unity and inclusivity. All are welcome in Jesus' kingdom, here on earth and throughout eternity. Now that is truly GOOD NEWS.

Many blessings and Happy Christmas.
Rev Chris.

Harvest at the Chapel with Mrs Vicki Penfound

Winifred Davey



Sunday 12 October was Harvest Festival day for the Methodist Church. Regular attendees were joined by a good number of visitors as the preacher, Mrs Vicki Penfound, read Psalm 65 and spoke about her bird watching holiday in Norfolk, but also mentioned the butterflies and reminded us all to look out for the little creatures as we walk around the countryside.

Vicki asked if we could name some breads and also brought with her some different varieties to test our taste buds. She reminded us of the words in the Lord's Prayer – Give us this day our daily bread. Bread is a staple diet and eaten all over the world, but JESUS is the Bread of Life.

As her final food item she produced not bread, but a bar of dairy milk chocolate. Why?

Bread you eat daily., she emphasized. It is a staple and is essential. Chocolate, on the other hand, is an occasional treat. Too much and it will have consequences. The contrast brought home to the congregation that Jesus is a necessity, the bread of life, not the chocolate of life.

Hymn singing is a great Methodist tradition. Voices were raised in vibrant worship as we sang the well known harvest hymns accompanied by Mrs Kath Brimacombe on the organ.

The church had been beautifully decorated by Dorothy Cole, Jean Curtis, Marion Dufty, Pat Hutton and Bet Spry.

Following this everyone gathered in the hall for a lovely tea prepared and served by the ladies. The offering and donations for the goods and tea amounted to £453.22, and we have sent £230 to Prostate Cancer UK.

Thank you to everyone for your support.



Come and join us on Sunday 21 December at 6.30 p.m. for our Carol Service with music by Northlew Silver Band. After the service there will be tea and mince pies.

Friends of St Thomas' Church, [FOST]

Val Walsh



Our Open Day to support Devon Historic Churches Trust in September was well attended, despite the pouring rain.

The theme *St Thomas': past, present, future* celebrated the rich history of the parish church and looked forward to new developments. A display about Thomas Becket, our patron saint, traced his life through to his murder in Canterbury and his eventual legacy as a Saint.

Visitors were able to reminisce with photographs of past Church and Flower Festivals, and poems on show about the men of Northlew who volunteered for the First World War.

These were written in 1914 by the then school Headmaster, J W Baldry, and will also feature in the Remembrance Sunday service on 9 November. And finally, we had a display on caring for God's creation and Eco Church, highlighting the steps we need to take as a church to achieve a bronze award. Watch this space.

Away in a manger: This December we have a really special treat in the lead up to Christmas.

On Saturday and Sunday 13 & 14 December you can see a fantastic display of nativity sets in the church and marvel at the many different interpretations of the birth of Jesus.

Collected from around the world (and more locally too), they are made by talented crafters including woodworkers, felters, and even lego builders! Luisa and Tania are also planning to create a walk-in manger grotto in the Rutleigh Chapel especially for younger children.

Proceeds from the event will go to the Children's Hospice South West who care for babies, children and young people with life-threatening and life-limiting conditions and their families.

If you have a Nativity set you would us to include in the display, please let me know valofgreen@gmail.com or 07780 544679.

FOST Committee 2025

Chair: Keith Ellis
Secretary: Jackie Ellis 01837 658750/07952 071809
or email jackie.ann.ellis@btinternet.com
Treasurer: Tony Hazell Email: carmelcoaches@hotmail.com
Tania Haycocks
Shaun Millership
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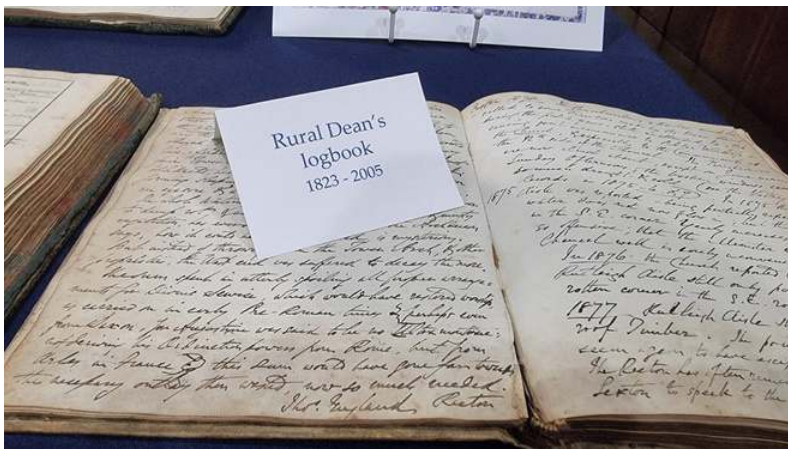
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Historic photos, ancient logbooks and the official registary, World War I poems by the School Headmaster, and even an opportunity to peer through a microscope lens at some of the smallest inhabitants of the church yard, all part of the *Devon Historic Churches Trust* open day.















St Thomas of Canterbury Church
Northlew



Away in a manger...

A display of nativity sets from around the world

Be sure to visit the amazing Manger Grotto!

Saturday 13 December 10:00-16:00

&

Sunday 14 December 12:00 - 15:00

then nine lessons & carols with Northlew Silver Band 18:30

Supporting children's hospice SOUTH WEST

Registered Charity No. 1003314

Donations to Children's Hospice South West

Refreshments



What the devil...?

Part 1 of a request for help from Rev Jonathan Cook.

Whenever I mention I'm from Northlew, almost no matter where I am, the response will be "Oh, where the Devil died of a cold!" or something along those lines. And, from my first days exploring the village I began to hear the stories. The brilliant village History society book notes the legend of the Devil buried beneath the Village Cross.

'The old legend tells the tale that the Devil died of cold caught on Sourton Moor and was buried under the Village Cross. The Devil is said by some to have been a stag, which was hunted and died of cold one hard winter in the Village Square.

[Photo credit: Brian Johnson Photography. This rain bedraggled stag was spotted early one November morning in the fields between Northlew and Hatherleigh. Is he related to the devil who died of the cold?]

*Others say that the Devil was a Cornish cock, which was brought to fight a Northlew cock and died in a mysterious way'.**

Yet the more I hear this tale bounce about, the more I wonder: Just how many versions of this story of our communities folklore are there? Is there a predominant one, or ones closer to the 'originals' than others? And, if so, do the varieties tell us anything?

I've discovered a few additional versions to those noted in the book. Suggestions as to what the Devil was, where he came from, or where and how he died.

These ancient tales are important. Folklore isn't just a label, or a story, they so often connect us to the past and are living, evolving, expressions of our community.



So, please could you help?

I'd love to collect as many accounts of the story as possible. The older the source, the better! I will then aim to compose a 'Part 2' in a future edition of Northlew News to share the different varieties of versions, and origins. There may even be original insights - Who knows?

If you would enjoy asking your friends and family about this, or have a version you'd love to make sure is remembered for years to come your-self, please could you email me, rev.jonathan.cook@gmail.com, or drop a letter through the door at the Vicarage. Share the version you wish to record and, if you are happy to do so, your name and where/when you first heard it (if you can remember!).

** The book of Northlew with Ashbury: People of the land, Halsgrove, 2002. p26.*

EDITORS NOTE: Do you have your own Northlew and Dartmoor tales of intrigue and mystery? In Cornwall I heard tell that when the devil was making his way down through England he eventually reached the Tamar. Looking across at Cornwall he saw all the saints. Horrified, he shot straight down to the Barbican, jumped on the Mayflower, and sailed to America. Say no more!

Children also love to get involved in the legends, as we discovered when we took our grand-children to Belstone for an adventure. https://youtu.be/fEYBVs1DWu8?si=POtkn91yq4wq7bQh



Parentkind
Bringing together home & school

Northlew Primary School
PTFA Registered Charity No. 1208780
ptfa@northlewprimary.org.uk
Chair: Jo Dryden

EXCITING play area update!

Back in the Spring we reported to you on our fund raising plans after the school play equipment was deemed unsafe. It has been taped off and out-of-bounds ever since. Thankfully we can now report good progress.

The new play area will be installed in two phases. Phase 1 will be installed beginning the first week in December (weather permitting!).

We would like to say a massive thank you to everyone that supports our many events that have helped us get this far. Through your help, donations and grants we have raised £13,552 for the first and biggest phase 😀

Our Christmas hamper draw tickets will be for sale very shortly and the winner will be drawn the last week of term. That will help us continue the fund raising drive.

Upcoming School Events:

Thursday 11 December Christmas Play in The Victory Hall.
Friday 17 December Carol Service in Church.

Please keep an eye on Facebook and posters for the times of these events.

Once again a massive thank you for all the support. Now we are on Phase 2!

Many thanks
Jo

From the old and unsafe to the new.





West Devon Art Workshops making a difference

For Jackie Ellis and Val Welsh there is never a dull moment! Following all their hard work in organising the St Thomas's Art & Photography Exhibition which took place in May, the two ladies volunteered for a summer of activity.

At the invitation of a friend, Andy Cairns, they offered to help out **West Devon Art Workshops** who were running family art workshops in Dartmouth, Okehampton, Sherford & Tavistock, in collaboration with the Devon Migration and Resettlement Team.

Most participants at Okehampton were children from Afghan families. Their parents also joined in too when they could. Ukrainian families were also involved in the other centres.

Val and Jackie helped out at the three Okehampton sessions held at the Ockment Centre. The first week was spent making masks from paper plates and rubbings on the themes of myths and legends Green Man, Mother Nature, Dragon, Phoenix.

During the second week Jackie and Val were joined by another local lady, Gillian Payne. "We were attempting lanterns made out of willow and tissue paper in which we and the children ended up being covered in glue!" Gillian enthused, adding, "Some weird and wonderful fantastic beasts from our final summer family workshop - magical beasties - All great fun."

Jackie and Val understood that the children in Okehampton were from Afghan families who had resettled in Okehampton a couple of years' ago. Their fathers were those who had been working alongside the British security forces when they were serving in Helmand.

Jackie said "It was good to see that the children were all now very happy and well balanced; we were impressed with their perfect English and keeness to learn. Goodness knows what their lives were like in Afghanistan - what was remarkable was that they all wanted to be educated and return to their country as doctors, nurses and teachers."

West Devon Art Workshops is a Community Interest Company that runs art classes and events for the local communities of West Devon and beyond, aiming to provide benefit in particular to young people, over 50's and adults with learning difficulties. Find out more at www.westdevonartworkshops.co.uk.

A final comment from workshop organiser, Andy Cairns "Thank you so much for volunteering and making these summer workshops a great success!"



LET THERE Be Light

As the clocks change and sunset arrives much too early, Northlew and Ashbury know just how to bring some needed November Joy.





Catherine Campbell lives in Ashbury and writes about what she calls “the wonderful candlelit service in Ashbury church.”

This is a very special place of worship with a lot of history and tradition, standing high up on the hill overlooking our amazing views. For those of you who don't know it, there is no electricity or heating in the church and so a lot of candles are used to light our way.

This creates a magical atmosphere and the church was full. We sang hymns and the Reverend Leigh Winsbury gave a thought provoking sermon. Delicious refreshments were served afterwards followed by a fabulous fire work display. The theme throughout was the light shining through the darkness, something we all need at this time of year with the nights drawing in. Thank you everyone for coming and creating such a wonderful evening.



There are only two services a year in Ashbury Church, June and November, but they are both important and awe-inspiring traditions.

Then if that is not enough, the village turned out in force to enjoy the Northlew Carnival the following weekend, enhanced this year by the return of the fancy dress display. A wonderful community occasion. Thank you to all who put in so much work to make it such a joyous occasion.





The Spirit of Sound: The Art and Tradition of Shamanic Drum Making

Gillian Turner



Gillian Turner, a welcome newcomer to the village, shares one of her passions.

For centuries, the heartbeat of the drum has echoed through human history, uniting people, spirit, and nature in rhythmic harmony. Across cultures and continents, the shamanic drum has been revered as more than a musical instrument—it is a sacred tool, a bridge between worlds, and a vessel for healing and transformation.

I started Gilly Shamanics, to continue this ancient tradition by handcrafting each drum with reverence, intention, and a deep respect for the natural materials I work with. As a craftswoman and artist, I root my work in nature's gifts—foraged wood, rawhide, leather, feathers, wool, herbs, crystals, and cotton—each chosen and prepared with care.

Evidence of drum use can be found in archaeological sites and indigenous traditions from Siberia and Mongolia to the Americas, Africa, and Northern Europe. Whether a Sami in Scandinavia, or a Shaman in Siberia or Mongolia were the drum symbolised a horse or reindeer carrying the shaman's spirit to the otherworld, or among Native American tribes that have long used drums in healing ceremonies and community gatherings, the drum's steady rhythm represents the heartbeat of Mother Earth.

Working with Nature's Rhythm

To create my shamanic drum I often forage fallen wood — never taking from living trees — and allow the materials to guide the design. The rawhide, traditionally deer, horse, or goat, is carefully prepared and soaked, ready to be stretched and tied over the wooden hoop.

For me, the process is both practical and spiritual. As I lace the hide, I focus on intention—whether the drum will serve for healing, journeying, or ceremony. Herbs, crystals, or natural dyes may be incorporated to align the drum's energy with its purpose. When the hide dries and tightens, the drum's voice is born—a unique tone that reflects both its materials and the energy imbued within it.

Each drum beater I create is then made to complement its drum's personality, often using foraged branches, wool, and leather.

A Living Tradition

For me, drum making is not simply an art form, it's a living dialogue between creator, nature, and spirit. I am continuously inspired by the way these ancient practices still resonate in our modern lives.

Workshops and more...

To find out more about Gilly Shamanics, visit www.gillyshamanics.co.uk, see her in Tavistock pannier market or shop online at shop.gillyshamanics.co.uk.

Tania's Tarts: Keeping the colds away!

Never say that Tania Haycocks is without a sense of humour. With 'Tania's Tarts' available from her window each Friday, plus a favourite recipe contribution in each edition of **Northlew News**, Tania found herself both delighted and amused when her daughter presented her with a copy of **The Book of Old Tarts** by Elizabeth Hodder.

Published in 2002, the book harks back to 'the old days' of delicious tarts cooked by ancient aunts, the school cook, or a local teashop owner. Tania has chosen one seasonal recipe from the book to tempt you this winter. The recipe is based on Chaucer's reference to garlic in the prologue to *The Canterbury Tales.*

Chaucer's Sweet Garlic and Herb Tart – serves four to six.

175g (6 oz)plain shortcrust pastry.
12 large garlic cloves, unpeeled.
2 tablespoons olive oil, for frying.
2 large onions, thinly sliced.
1 teaspoon light, soft brown sugar.
25g (1 oz) butter.
2 teaspoons chopped fresh thyme.
2 teaspoons chopped fresh parsley.
2 teaspoons chopped fresh oregano.
¼ teaspoon mace.
300 ml (½ pint) double cream.
1 egg, plus 1 egg yolk, lightly beaten (just enough to mix).
Salt and freshly ground black pepper.

Line a shallow 23cm (9 in) tart tin with the pastry and either pre-bake or blind-bake. Pre-heat the oven to 190C/375F/Gas 5 and place a baking sheet in the oven to get hot.

Place the unpeeled cloves or garlic in a pan of boiling water. Boil gently for about 10 minutes o until the garlic and be easily pierced with a fork. Drain the garlic and and squeeze the insides of the cloves from their skins. Set aside.

Using a heavy-bottomed frying pan, heat the olive oil, add the onion and fry gently until soft and golden, stirring occasionally. Add the sugar, cover with a lid if possible and remove the pan from the heat.

Melt the butter in a saucepan, add all the herbs and swill around for 1 minute. Transfer to a large bowl, add the garlic cloves and mash to a pulp. Add the mace, cream, egg and egg yolk, then season with salt and black pepper and mix well, making sure that the garlic and herb pulp is distributed evenly through the cream. Transfer the mixture to the pre-baked pastry case and place in the oven on the baking sheet. Bake for about 30 minutes or until golden and set.

Serve warm or at room temperature with a mixed green leaf and goat's cheese salad.

If you enjoyed the recipe why not let Tania know - or even purchase the book second hand on eBay or your favourite book provider.

Northlew Remembers

J W BALDRY was headmaster of Northlew School from 1900 – 1915. As war began he felt inspired to write an extended poem honouring the young men of the village. Twenty-two of them never came home. During a moving Remembrance Service on Sunday, 9 November, members of community shared the poem, bringing those World War One memories to life, and honouring those who have served, and those who lost their lives in two world wars, and all those wars that, sadly, have followed. As we remember, we equally pray for peace, globally, locally, and our families and communities.

To the Territorials who are sailing for India

Brave lads, Northlew is proud of you,
Who in your Country's hour of need –
Have thought no sacrifice too great,
Ye show fair Devon's bulldog breed.

Your Country called for volunteers
To serve afar in foreign land;
Who answered first? A Northlew man –
Bill Tapp – the hero of the band.

He has his faults we can't deny,
But who is there can cast a stone
At him who first has led the way?
Let's leave his past days' deeds alone.

Nor were the others far behind,
Here's those who knew where duty led:
Clem Andrew, Dick Breyley, Jim Scant,
Bill Parkhouse, and Tapp's brother Fred.

We'll write their names in letters bold,
We'll ne'er forget their noble deed,
They shew the world Northlew has still
Some of old Devon's bulldog breed.

And in the years that are to come,
Each sire will proudly tell his son,
That these were they who by their pluck,
Undying fame and honour won.

And are there some who hear the cry
To arms! To arms! The foe is near!
But stand aloof while others give
Their soul and life for honour dear?

Are they Northlew men, I say,
Who shirk their duty to their King?
Ah no! we own you not as ours,
Go hide your head beneath your wing!

To the Northlew lads in the Navy

How proud we feel of Northlew lads
Who guard our shore so well and true
But prouder still to know there are
Among you men from old Northlew.

Then here's to Pincombe, Chudley, Hales,
And 'Uncle George', one of the crew,
Who once beneath the waves has sunk,
But still his duty fit to do.
The blood of Drake is in your veins,
And other Devon worthies too;
We know you'll fight with all your might,
You're men who come from old Northlew.

Your names forever will remain,
As those, who in this hour of strife,
For God and Country and its King,
Have freely offered them your life.

And are there any men at home
Who have not answered to the call?
There cannot be! Ah no, not men
But craven cowards one and all.

To the men in Kitchener's Army

You're some of Devon's noble sons,
Your hearts are stout and true and strong,
Your cause is just, and fight you must,
Old England must not suffer wrong!

You did not need the roll of drum,

Nor Sergeant's words to show the way,
You heard the call – To arms! To arms!
And went, for duty led that way.

Your names shall ne'er forgotten be,
Your fame shall spread for many miles;
And here's to Bill Burridge, Len Hales,
Maurice Andrew, Ed. Harry, Sid. Stiles.

We know the blood that flows in you
Is still the same as days of old;
You'll do what Devon men have done,
You'll ne'er disgrace the names you hold.

And others too, your pals and friends,
Though Devon may not claim them too,
They've worked with you, they'll fight with you
For all are British sons and true.

And Ashbury's done her noble share,
To serve her Country at her call:
Then here's to Ern. Symonds, Chris. Rout,
Fred Whitcher: brave men, one and all.

And we at home will watch and pray,
That He who guides and keeps us all,
Will keep you safe and sound from harm,
And in His mercy hear our call.

To Charlie Friend, of the Royal North Devon Hussars

Northlew is proud of all her sons,
Who left their home and kindred here,
To do their duty for their King
And for their Country's fame so dear.



Listen to the poem being read at the memorial service.
https://youtu.be/3r3bda2cpRI

A gallant band of brave Hussars,
From sturdy Devon's bulldog breed,
Have turned their faces to the Front,
And for a chance they strongly plead –

To meet the foe on battle-field,
And for their country fight: and more,
To shew that blood of Devon men
Is still the same as days of yore.

Among those warriors all so grim,
Dost hear a whistle all the day?
'Tis Charlie Friend from old Nor'lew,
Dost hear his laugh so blithe and gay?

We're proud of you and all your kin,
We'll ne'er forget to honour you,
You're one of Devon's good old stock,
A very Briton through and through.

Shall we forget old Charlie's pal?
Ah, no! he'll e'er remembered be.
He's one of Devon's worthy sons,
Wilfrid Percy of Inwardleigh.

And side by side they'll always ride
As chums together, through the fray
And woe betide the German foe
If they by chance do come their way!

To all not mentioned before.

A noble share has Northlew done,
To aid her country in her need;
Her sons have gone at duty's call,
They've done the very best in deed.

The honoured names of fellows brave,
Will live forever and a day:
Three brothers Yeo, and Avery,
Horn, Woolridge, Pascoe, Scant and Gay.

Then here's to all who've done their part,
To keep the foe without the gate,
Your sons will ever bless your names,
And proudly will your deeds relate.



Cinderella

NADS
Northlew Amateur Dramatic Society
Est 2007

NADS presents Cinders as you've never seen her before!

Fri 5th & Sat 6th December at 7.30pm
Northlew Victory Hall

Tickets £8 children under 12 £5
from 01409 221376 or 07974 859029 or
martinperry.northlew@gmail.com

Cinderella

Cinderella is often considered to be the nation's favourite pantomime.

The origin of this story stretches way back in time to versions called The Tale of Ye Xian (China 860) and the earliest oral version, Rhodopis (Greece 7BC-23AD).

Cinderella today most closely resembles "Cendrillon ou Petite Pantoufle de Verre" (Cinderella or The Little Glass Slipper) from Charles Perrault's 1697 Fairy Tale Collection.

So now we come to the 2025 version in Northlew – it's the traditional rags to riches tale but with a NADS twist! Looking at the poster you might wonder 'Why is Cinderella wearing a bikini?'

'Why is she sitting in a shoe'

'Is she at the seaside?'

Well to find out you need to add Friday 5th and Saturday 6th December to your calendar when Cinderella will rock up at the Victory Hall, Northlew at 7.30 p.m.

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Northlew and Ashbury Produce and Craft Show 2025

Maggie Milledge



AGM
18 February 2026 7.30pm
Northlew Victory Hall

Baking, stitching, knitting, mixing, digging, sowing, sawing, cutting, blending, painting, weaving, brewing, jarring, turning, rolling, polishing.

So many verbs, it's exhausting! Yet, that's what occurs in homes and workshops in and around Northlew. The Northlew and Ashbury Produce and Craft Show is the celebration and showcase for all these activities.

This year the village mustered over 440 items entries from 60 individuals – that is nearly 10% of the village.

The talent in this village is formidable! The judges were super impressed; our craft judge said, "such a small place with so much talent", she found it hard to decide as so many items were prize worthy. "Both quality and quantity, can I come back next year?'' said another judge.

There were a number of first-time entrants, and many others who are going to strive for better next year. Our school produced a fascinating and humorous exhibit of pictures of the tea party from Alice in Wonderland.

There was also a competition for the biggest and largest sunflower head in aid of the Force cancer charity, raising £110.75. However, the sunflowers had used the warm weather to get blooming early, but the tallest and biggest head competition still went ahead; the tallest topped 3.4m (11ft 6in)!

The Committee meets about 8 times through the year. Then the weekend of the show! As a group we have worked out many of the snags so we can get on and enjoy the energy of the day. A fun and highly rewarding part of the village. Please come along and join us at the forthcoming AGM.







An Autumn Quiz

With the weather changing, sit yourself down by a warm fire and see if you can solve Ian Richards Autumn teasers.

1 What is the first day of autumn called?

2 Which autumnal farming practice has been banned in England and Wales since 1993?

3 Name the pigment which trees stop producing, thus causing leaves to lose their green colour?

4 What is a cribbar, which appears in Cornwall once or twice a year — often in autumn — for a couple of hours at a time?

5 Why should you wait for the first frost of autumn before picking your sloe berries to make sloe gin?

6 Squirrels are starting to bury acorns. What is the bird that does the same?

7 What is a baby hedgehog called?

8 Devon and Cornwall have their own version of a Yule Log. What's it called?

9 What British garden bird is known for it's 'Autumn Song'?

10 In what month does the autumn season begin in the Southern Hemisphere?

Answers on Page 24

Opening times at the Green Dragon

Monday: Closed
Tuesday 5 - 9
Wednesday 12 - 11
Thursday 3-11 pm
Friday 10am until late
Saturday 12 - 11 pm
Sunday 12 - 8 pm

Food served:

Lunchtime Wed/Fri/Sun 12-2pm

Evenings Wed-Sat 6-8.30pm

Breakfast. Friday only 10am - 12 noon

Special nights/events will be posted on our Facebook Page @GreenDragonNorthlew.
Please book by dropping us a message or calling 01409 221228



More creativity from the Produce and Craft show

THE GREEN DRAGON

DATES FOR YOUR DIARY

"PENSIONERS" CHRISTMAS MEALS
WEDNESDAY 10TH & 17TH DECEMBER
2 COURSES £14.95PP

"SELF-EMPLOYED" CHRISTMAS DINNER
THURSDAY 18TH DECEMBER 7PM
MENU TO BE CONFIRMED
ALL WELCOME - PREORDERS ONLY

CHRISTMAS JUMPER PARTY
SATURDAY 13TH DECEMBER
LIVE MUSIC FROM THE DOCKNEYS
BUFFET, RAFFLE ETC.

NEW YEAR'S EVE
CURRY & QUIZ

CHRISTMAS OPENING HOURS

Mon 22nd : CLOSED
Tue 23rd: 5-10pm (Food 6-8pm)
Christmas Eve: 3-10pm (No Food)
Christmas Day: 11.30-2.30pm (No Food)
Boxing Day: 3-7pm (No Food)
Sat 27th: From 5pm (Food 6-8pm)
Sun 28th: From 12pm (Food 12-2pm)

Mon 29th: CLOSED
Tue 30th: CLOSED
New Years Eve: Open from 5pm
Thu 1st Jan: CLOSED
Fri 2nd: Open from 10am for Breakfast & Lunch. Fish and Chips from 5pm
NORMAL HOURS RESUME



Congratulations:

To **Dr Mia Albaek** for gaining a Phd from University of Plymouth. We look forward to hearing the results from an *'Investigation of the perceived effects of, and preparedness for, climate change on tourism stakeholders in the North Devon UNESCO Biosphere.'*

To **Pippa Marshall** who, in a video presentation with Rhys Morrison, shared what it's like working in marine technology - from developing uncrewed surface vessels to advancing ocean monitoring and sustainability. She part of the Maritime UK South West Ltd Careers campaign, showcasing exciting pathways available in the region's growing blue economy.
https://www.facebook.com/share/v/1Cf7e3R5mZ/

Peartree Cottage

Howards Gorhuish, Northlew, Okehampton, Devon, EX20 3BT

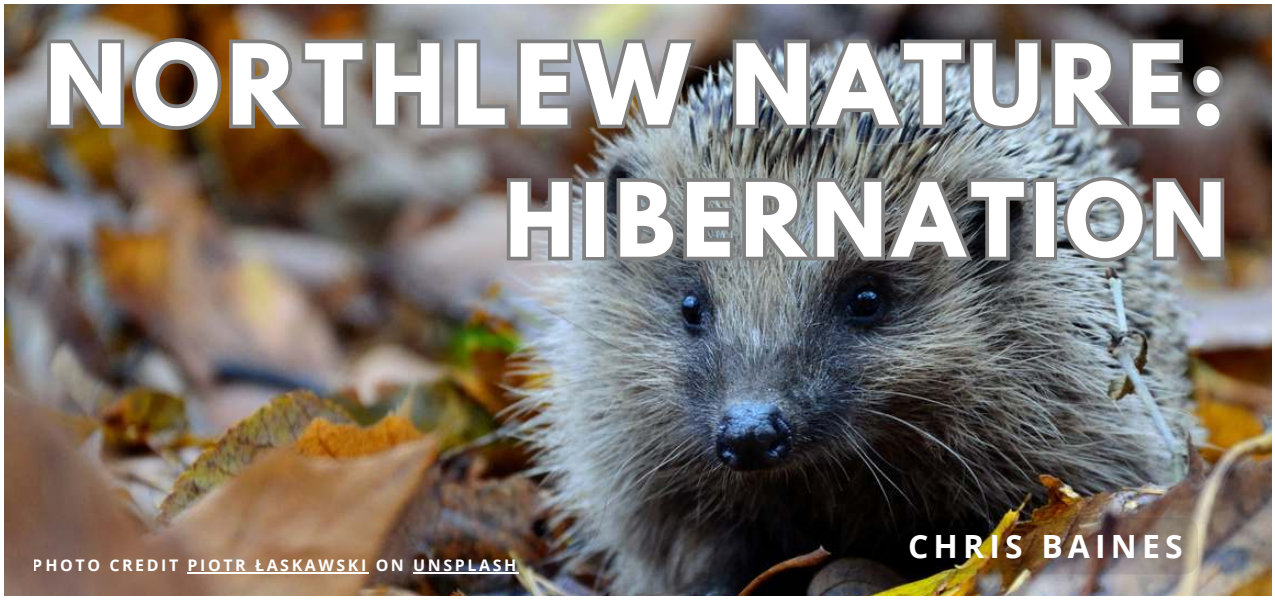


Peartree Cottage, a charming two-bedroom self-catering holiday home standing in the 2 acre grounds of Howards Gorhuish, 2 miles from Northlew. Howards Gorhuish was a former dairy farm (the original farmhouse built in the late 17th century) and Peartree Cottage was the cowshed converted in the 1990s. The Cottage has undergone a complete refurbishment but retains its old world charm with character features such as oak beams and a wood burning stove. It is warm and cosy (with central heating for the colder months) and is comfortably furnished.

Accommodation: Sleeps 4 plus one infant (travel cot provided). Fully equipped kitchen/diner with electric oven, hob & grill, fridge, deep freezer, microwave, dishwasher and all the essentials. Triple-aspect sitting room with 3 piece suite, occasional tables, bookcase, Freeview tv, etc., & features a stone inglenook fireplace with wood burning stove and French doors leading out to the cottage's private patio & garden. Entrance hall and stairs to upper landing leading to two spacious double bedrooms each with its own en suite. Both bedrooms are double-aspect with lovely views across the gardens , meadow and beyond.

Garden features private patio and steps leading up to a secluded lawned area with feature shrubs. Garden furniture & Barbecue. Garden leading to wild flower meadow with summer house and a small shady copse. Dog friendly!

For further information: Website: http://www.peartreecottagedevon.com
Contact: Keith & Jackie Ellis Tel: 01837 658750 or Email: jackie.ann.ellis@btinternet.com



This is the crucial time of year that our flora and fauna have to make critical choices in order to survive the winter.

As our plant life is pretty much rooted to the spot, they either shed their leaves in the case of deciduous trees or simply shut down any growth activity and sit tight until Spring arrives.

Animals and insects, however, have various survival strategies for getting through the colder, leaner months of the year. Some birds, for example, migrate to milder parts of the planet, others animals and insects just stay put and hibernate.

The primary advantage of hibernation is energy conservation. By lowering metabolic demands dramatically, animals survive periods when food resources are insufficient to meet normal energetic needs. It also protects them from exposure to extreme temperatures which could be lethal.

Hibernation generally means that the animal or insect slows down its metabolism to get through several months without eating or drinking. This may sound like a very drastic strategy, but compared to travelling thousands of miles over oceans and deserts in some cases, it obviously works for some wildlife.

Before entering hibernation, animals need to store enough energy to last through the duration of their dormant period, possibly as long as an entire winter. Larger species become hyperphagic, eating a large amount of food and storing the energy in their bodies in the form of fat deposits. In many small species, food caching replaces eating and becoming fat.

There are two main types of true hibernation among mammals, obligate and facultative.

Obligate hibernators will go into a dormant state, losing complete consciousness with a significant drop in body temperature, sometimes below freezing temperature. This is based on the time of year and daylight hours irrespective of the availability of food and climatic conditions. Mammals in this group include hedgehogs and bats.

Facultative hibernators on the other hand will only enter a dormant state if the weather conditions and food availability mean that they risk starving to death unless they slow down their metabolism. In this case their metabolism may not slow as much as obligate hibernators, meaning that they can ‘wake up’ quicker when conditions improve. Mammals in this group include bears.

There is another type of dormancy known as **torpor**, whereby the creature will only enter a dormant state, but will maintain a relatively high metabolic rate. This helps them to get through cold nights or temporary food shortages.

Some mice fall within this group, and can enter this state for up to 7 months. Others creatures may only enter a state of topor for a few hours, maybe to get them through a cold night or a

temporary food shortage, as is the case for some hummingbirds, which need to conserve as much energy as possible to survive.

Reptiles fall outside the normal thinking of hibernation, as they are cold blooded, and therefore cannot regulate their body temperatures like mammals. Even so, in extreme conditions reptiles still need to conserve heat and energy, and so they enter into a state called **brumation**. This state is similar to hibernation but in the case of reptiles they can very quickly return to a fully active state when external conditions improve. For example, a 'brumating' snake may wake up to feed on warm days, but return to a dormant state if conditions become colder again.

As we move about in the countryside, it is important that we are aware of hibernating wildlife, whether that be animals birds or insects. If we disturb dormice in their dormant state for example, it may lose excessive heat and energy and could die. Also, check for hibernating hedgehogs before lighting the bonfire. A good tip is to collect your wood etc in one place before moving it to your bonfire site just before you light it.



This adder was photographed in Cornwall by SN Pattenden [Unsplash]

Researchers have studied how to induce hibernation in humans. The ability to hibernate would be useful for a number of reasons, such as saving the lives of seriously ill or injured people by temporarily putting them in a state of hibernation until treatment can be given. For space travel, human hibernation is also under consideration, such as for a mission to Mars.

It's been a mild autumn, but as winter approaches, lets hope the weather doesn't cause Northlew Villagers to hibernate. Just keep yourselves warm, Spring is not far off.

Quiz Answers

1. The Autumnal Equinox, though scientists now start meteorological autumn on 1 September.

2. Stubble Burning.

3. Chlorophyl.

4. A giant wave.

5. So the skins will break, thereby allowing the flavour out.

6. Jay.

7. Hoglet.

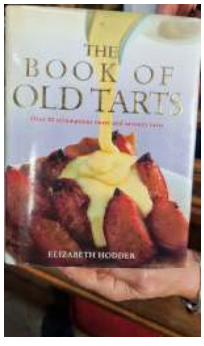
8. Ashen Faggot

9. Robin.

10. March.



Pat yourself on the back if you managed to correctly identify Gordon, Victor & Rosemary as 17-year-olds from the photo in the editorial on page 2.



CREDITS: The festive recipe recommended by Tania is from **THE BOOK OF TARTS**, widely available on eBay and other 2nd hand sellers.
Ashbury Festival of light: Catherine Campbell
Poppies: Monica Galentino on Unsplash.





**. SPECIAL OFFER. ** SPECIAL OFFER **

Have you ever tried Reiki before? This beautiful relaxing treatment can help with Insomnia, Migraines, Fibromyalgia, bad backs, cramps, aches and pains and so much more.

Or do you just want to spend a peaceful hour taking time for you, letting yourself totally relax.

I am offering a special offer of £30 for an hour session.

I have a beautiful Reiki Lodge near Northlew with plenty of parking.

Call or text me, Nicky, on 0789 459 4019 .

I look forward to hearing from you xx



It seems appropriate a group of rats is called a ‘mischief’. We always know when winter’s underway because they head indoors for warmth in the shed and attic – creating noisy mayhem until persuaded to leave. Aversion therapies, such as garlic, peppermint oil or chilli powder rarely seem to work, but sonic sound emitters and live traps do – allowing us to rehouse them elsewhere.

Despite dropping temperatures it’s fascinating how late in the season red admiral butterflies have been seen flitting around on sunnier days. A warmer climate has clearly convinced them to stay rather than head back to Africa. Despite seeking sheltered niches on trees and under branches these tough little insects will soon start to perish once it gets colder. Look carefully in your nearest nettle patch to spot the next generation – chrysalids wrapped up in their leaf tent shelters, ready to emerge next May.

Our newly-constructed tawny owl box in the old conifer tree has yet to attract interest, but recent glimpses of a small, blue-grey, kestrel-like bird flying fast at ground level suggest we now have a visiting merlin. The juvenile sparrowhawk that came last year with its parents thinks the same. Now fully mature, it enjoys resting on its favourite rose-arch perch, waiting for breakfast to alight on the bird table!

Repainting the cottage this autumn involved rescuing a large toad from the water barrel and common newts from under the gravel between the cottage walls and path – both species clearly hoping they’d found ideal overwintering habitats.

To support our garden wildlife this winter we have deliberately resisted cutting back too much vegetation, leaving more ‘bushiness’ than usual, to ensure even more seed heads and berries. Teasels provide excellent insect dormancy sites – their seed compartments providing hiding places and their bristly heads deterring bird probing. Hollow stems offer overwintering shelters for earwigs, while garden-wall ivy provides similar for hoverflies. Winter foraging insects such as buff-tailed bumble bees appreciate as many nectar-rich plants as possible, such as heather, snowdrops and aconites.

Most spider populations will be overwintering in warm crevices. When looking at their frosty webs, look out for those spun by Zygiella. Often mistaken for the false widow spider – but also totally harmless - it has brown oak leaf patterning on its back and weaves a classic circular web with spokes and concentric circles radiating outwards. Careful observation will reveal a missing pie-shaped section – hence its common name – the missing-sector orb spider.

Adapted from Tavy Links 2024



SeaMoor Lotto

SeaMoor Lotto was created in 2018 by West Devon Borough Council. Set up to support community projects in the local area, SeaMoor Lotto operates on the principle of raising money within the community for the community.
We empower local good causes to raise money in a fun and effective way. A ticket for SeaMoor Lotto costs £1 a week and 60p will go directly to good causes! Northlew Parish Council are a registered good cause with SeaMoor Lotto, so you can raise funds for the parish council, and potentially win something for yourself. Google SeaMoor Lotto, it's really simple to join!

www.seamoorlotto.co.uk

This is how the lottery works for you

SeaMoor Lotto is an exciting weekly lottery that raises money for good causes in South Hams and West Devon. All good causes supported by the lottery will benefit South Hams and West Devon and its residents.

Play the lottery, support South Hams and West Devon - it's that simple!

How tickets work?

Tickets for the lottery cost just £1 per week, with a top prize of £25,000!

About the draws

A weekly draw takes place every Saturday night. Match all 6 numbers and you win the JACKPOT!

See our prizes

Raising money for your cause

From every £1 ticket you buy, 60p will go to local good causes in South Hams and West Devon and improving our community.

Information pages

Your Parish Council

Your Councillors are here to help and always welcome your support and comments. Contact details as follows	
Mark Rundle: Chair	mrundle@northlewparishcouncil.org.uk
Celia Miners:	cminers@northlewparishcouncil.org.uk
Andrew Alger	aalger@northlewparishcouncil.org.uk
Bryan Dufty	bdufty@northlewparishcouncil.org.uk
Shaun Millership	smillership@northlewparishcouncil.org.uk
Dave Kent	dkent@northlewparishcouncil.org.uk
Siobhan Williams	swilliams@northlewparishcouncil.org.uk
Rob Woolley	rwoolley@northlewparishcouncil.org.uk

Visit our website, http://www.northlewparishcouncil.org.uk, to discover:

- Details on how to contact your Borough and County Councillors and Member of Parliament.
- Minutes of previous council meetings and agenda for the next meeting.
- news, local information and a memory page.

Parish Council Meetings are usually held at 7.30 pm on the third Monday of each month in the back room of the Victory Hall. **The agenda** is published on the website at least 3 days prior to the meeting. At 7.30pm prior to the start of the formal meeting, there is a public session (if required) which, at the Chair's discretion may last up to 15 minutes to enable members of the public to ask questions of and make comment to the Council. We request that notice of intent to ask questions/make comment be made to the clerk by the Friday prior to the date of the meeting. Questions not answered at this meeting will be answered in writing to the person asking the question or may appear as an agenda items for the appropriate parish council or committee meeting. Members of the public are asked to restrict their comments and/or questions to three minutes. This section is not part of the formal meeting of the Council. Any member of the parish can attend the formal part of the meeting but may not contribute to it unless specifically invited by the chair.

Please contact our clerk Johannah Shaw, for further information, for comments or suggestions on the website, or if you would like to raise a topic at the public session of the Parish Council Meeting. Johannah should be contacted at: clerk@northlewparishcouncil.org.uk.

Coming Events: Winter 2025-26

Christmas Events This December.		
5-6 Friday/Saturday	Cinderella Panto	Victory Hall
11 Thursday	Northlew School Play	Victory Hall
13 Saturday	Christmas jumper party	Green Dragon
13-14 Sat & Sunday	Away in a Manger - Nativity from around the world.	Northlew Church
14 Sunday	Carol Service	Northlew Church
14 Sunday	Christmas Lunch, Victory Hall (see p1 for details).	Victory Hall
17 Wednesday	School Carol Service	Northlew Church
21 Sunday	Carol Service	Methodist Chapel
24 Wednesday	Crib Service	Green Dragon
31 Wednesday	Curry & Quiz (and firing the canon).	
Victory Hall	General booking enquiries	Jayne – 01409 221225
Badminton	Tuesday & Wednesday evening	Chris Baines – 07917795072
Skittles	Tuesday evening	Colin Jarvis – 07980457976
Short mat bowling	Thursday afternoon – 2pm to 3pm	Lin Miller – 01409 221164
Toddlers group	Wednesday morning – 10am to 12 noon	Megan Brooking – 07887786880
Basically Pilates	Thursday morning – 9.30am to 11.30am	Dawn Herridge – 07901767412
Christmas lunch	Sunday 14th December, doors open 12.30 for 1pm	hello@basicallypilates.com
Green Dragon	Landlord	Dan – 01409 221228
Lunchtime special	Wednesday 12noon to 2pm. 2 courses with tea/coffee for £10	
Fish & Chips	Friday evening – 5pm to 8pm	
Pizza night	Wednesday's as advertised	
Christmas Specials	See Advert on Page 22	
Church Room	General booking enquiries	Ruth Squire – 01409 221382
Post Office	Monday and Friday – 10am to 12noon	
Coffee Morning	Monday and Friday – 10am to 12noon	Mollie – 01409 221 929
Ladies Guild	Monthly, 1st Wed – 2:30pm to 4pm	
Daisy chain	2nd Tuesday of the month – 7pm	
Chapel Room	General booking enquiries	
Coffee Morning	Saturday – 10am to 12noon	Winnie – 01409 221642
50-50 sale	Saturday – 10am to 12noon	Ros Smith – 01409 221814
Northlew Market	1st Saturday of the month – 10am to 12noon	
C of E Church	General enquiries	Tania Haycocks – 01409 220 053
Sunday services	Sunday 9.30am. See notice in porch for details.	
Away in a Manger...	Saturday 13 - Sunday 14 December display of Nativity sets from around the world with activities for children	Val Welsh -- 01409 221690 Luisa Hulbert – 07847 259019
Carol Service	Sunday 14 December.	

Coming Events continued: Winter 2025-26

Methodist Chapel Sunday services Carol Service	General enquiries Alternate Sundays, 9.30am. Details on notice board or visit https://westdevonmethodists.org.uk. Sunday 21 December, 6.30 pm.	Winnie – 01409 221642
Primary School Thurs, 11 December Fri. 17th December	General enquiries Christmas Play in The Victory Hall. Carol Service in Church.	admin@northlewprimary.org.uk
Bus Service **No 642** **No 633** **No 639** **No 630** **No 631**	Leaving from the square Monday - Bideford – 9.15am Monday – Okehampton – 9.30am Wednesday – Holsworthy – 9.25am Thursday – Okehampton – 9.45am Saturday – Okehampton – 9.45am	MD Coaches 01363 82200
Tania's Tarts	Friday – 10am to 12noon	Tania Haycocks – 01409 221642
Small-holder training courses. South Yeo Farm West.	• Saturday 22 November: Cattle for Beginners £145 • Saturday 17 & Sunday 18 January: Sheep for Beginners 2 day course £240 (£450 for 2) • Saturday 31 January: Cattle for Beginners £145 • Saturday 7 February: Pigs for Beginners £145 • Saturday 7 & Sunday 8 March: Introduction to Smallholding 2 day course £240 (£450 for 2) Includes lunch and cream tea and a copy of The Complete Guide to Smallholding and info pack.	Debbie Kingsley 01837 810569 https://southyeofarmwest.co.uk/

The Northlew Bat Sanctuary



St Thomas' Church is among some 8,000 churches across England inhabited by bats. Adding to Chris Baines fascinating article in the Summer 2025 edition, the British Ecological Society's journal **People & Nature** has found that these historic buildings are providing vital homes for the nocturnal animals.

Diana Spencer, from the **Bats in Churches Project**, told the BBC that with many of these churches being over 1,000 year old, the bats have probably been their right through their history. "They're basically like a man-made forest," she said. That does provide worshippers with a challenge, clearing up their mess before worship or events, but the habitats are important. Some churches are even hosting 'bat nights' and events. Perhaps an idea for the FOST fund raising committee!

Sports and Recreation

Please note that this may not be a complete guide and may be subject to change. For further information please contact event organisers.

- BADMINTON — held at the Victory Hall on Tuesday and Wednesday at 5-7pm.Contact Chris Baines for more information on 07917 795072 or email chrisbaines63@btinternet.com

- NORTHLEW NEEDLES — held every 2nd and 4th Wednesday of the month in the Victory Hall Meeting Room from 2pm until 4pm. Bring your crafting - be it knitting, crochet, sewing or anything else you fancy - and join us for a cuppa and a chat. £2 per session, refreshments included. Contact Julie Phillips on 01409 220088 for more information.

- NORTHLEW AMATEUR DRAMATIC SOCIETY (NADS) – We have welcomed a few new members but need more volunteers both to perform and to help with costumes, painting, set and programme design, curtain pulling.....oh and not forgetting prompting (probably a big part!) We meet most Monday evenings before our next production so please feel free to come along. Just call us to confirm. Send an email to Lyn Taylor, Chair, 07971 609115 lyntaylor11@live.co.uk, or Martin Perry, Secretary 01409 221376 martinperry.northlew@gmail.com.

- NORTHLEW AND ASHBURY SNOOKER CLUB — this is an active and thriving facility with two full size tables and has a team in the Okehampton League. We welcome new members of all levels of play for a small membership fee. However, have a free go before joining, just contact David on 07977 789734 or david@grindhill.co.uk.

- NORTHLEW CHILDREN'S GROUP — held on Wednesdays, 10am-12pm at the Victory Hall– Contact Jo Drydenvia on Facebook or 07789282990.

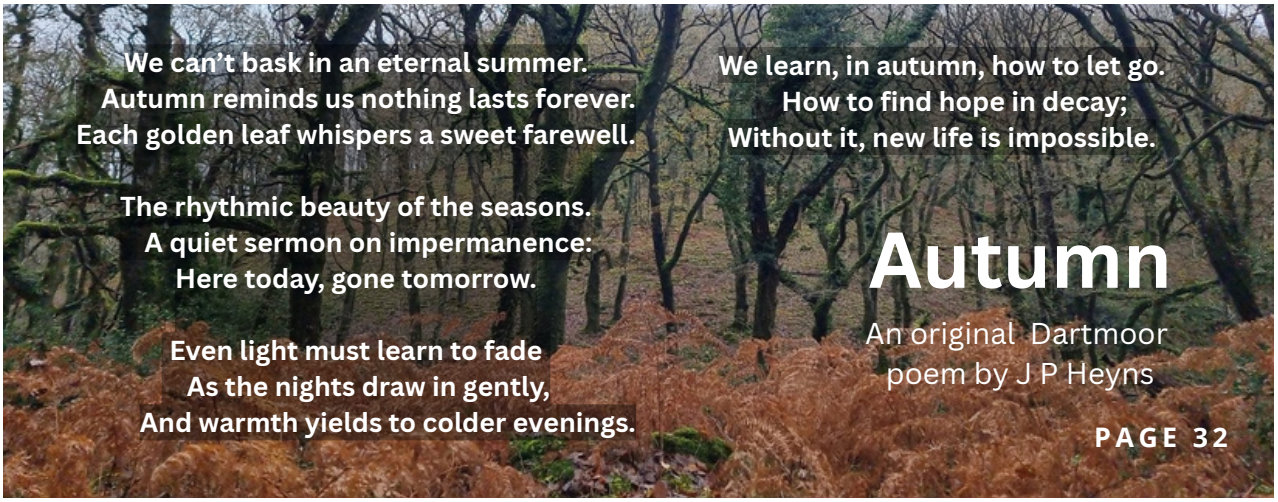
- NORTHLEW SILVER BAND — Devon's only Village Silver Band over 100 years old. For more information please contact: Tim Williams 01409 221754 or Martin Perry 01409 221376.

- PLAYGROUP FOR GROWNUPS — come to the Methodist Chapel on the 1st and 3rd Tuesday of the month from 2 to 4pm for games, refreshments and laughter. All for £1.50. Local transport available. For more information please call Chris on 01409 221797.

- SHORT MAT BOWLS — every Thursday, 2- 4pm at the Victory Hall. For more information call Mike on 01409 220320, Norman on 01409 221518 or Lin Miller 01409 221164.

- SKITTLES — Tuesday 7.30-10pm at the Victory Hall. Contact Mark Turley 07958764143.

- WALKING GROUP including nature walks are organised periodically throughout the year. Please contact Chris Baines, 07917 795072 or chrisbaines63@btinternet.com for more information.



Community Contacts

Medical	
Blake House Surgery, Black Torrington	01409 231628
Derriford Hospital	01752 202082
Royal Devon and Exeter Hospital	01392 411611
MyDentist, Okehampton	01837 52853
NHS Direct	111
Okehampton Boots (Mon-Sat 9-5.30)	01837 543220
Okehampton Community Hospital	01837 658000
PharmaDerma Pharmacy, Okehampton (Mon-Friday 9-6.30. Sat 9-5.30)	01837 847663
Okehampton Medical Centre	01837 52233
Vets	
Okeford Vets	01837 52148
North Park Veterinary Group	01837 658777
Other	
Police	101 (non-emergencies) 0845 277 7444 (enquiry office)
Samaritans (24 hours)	116 123
Reporting a Power Cut	105
Floodline	0345 988 1188
Citizens Advice Bureau	0344 411 444
West Devon Borough Council	01822 813600
Devon County Council	0345 155 1015

Your Magazine needs you!

Northlew News is published three times per year in Spring, Summer and Winter. It is YOUR magazine so the content is up to you!

- **Advertise!** This space could be promoting your local business to our 'in print' and wider online community. Email clerk@northlewparishcouncil.org.uk for details and rates.
- **Volunteer writers.** Got a bit of Northlew history to tell? Want to share the stories of some of our long-time residents? Got a craft or skill you want to talk about? Good at interviewing? Contact the editor, Victor Hulbert, at Northlewnews@hulbert.org.uk to see how you can help.
- **Have some poetry, artwork or an important coming event?** Let us know. Your contributions are always welcomed.

inkprint

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design services

business stationery

- business cards
- letterheads
- compliment slips
- menus
- labels
- laminating

NCR & invoices

- books
- pads
- sets

events & advertising

- flyers & leaflets
- posters
- orders of service
- invitations
- draw tickets
- banners
- signs

books & circulars

- magazines
- stapled booklets
- perfect bound
- spiral bound
- newsletters
- mailouts
- binding

artists

- prints
- greetings cards
- calendars

large format

- posters
- plans
- scanning

shop

- stationery
- paper
- ink cartridges
- letterboxing supplies